St Martin-by-Looe News



Winter 2019

Published and funded by St Martin-by-Looe Parish Council. Delivered FREE throughout the Parish.

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www.stmartinbylooepc.btck.co.uk

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Contact Numbers.



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Advertisements

If you would like to include an advertisement in the next edition of St Martin By Looe News please contact The Clerk, Charles Hyde on 01579 340905 or by email stmartinpc1@btinternet.com: Costs: £20 for a full page, £10 for a $\frac{1}{2}$ page, £5 for $\frac{1}{3}$ page: Contract discounts are available.

The magazine is printed quarterly and has a circulation of 300 copies which are delivered throughout the Parish.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

Statutory Disclaimer

All articles and advertisements are published in good faith, St Martin By Looe Parish Council cannot check all details in the articles and any views expressed may not necessarily reflect those of the Parish Council. Neither can we be held responsible for the actions of any advertisers now or in the future.





Welcome to the Winter (Christmas) edition

Well here we are again, the end of another eventful year! Who knows what 2020 will bring, we will just have to wait and see. Inside this issue is another Climate article written my my 16 year old niece Ellie, I think it's important the next generation have their say. The History article is once again enlightening, who would have thought so much has been lost to the sea!. It's great to see the community pulling together and once again we have an amazing Christmas Tree to enjoy at No Man's Land.

The deadline for the next issue is mid February, so please be sure to submit items by then. Thanks for reading.

Planning Applications

Only one application was received for consideration, for the construction of two accommodation chalets for volunteers, a single story timber wildlife exhibit room and erection of a second bio mass pellet silo along-side and existing silo together with a timber screening structure, at the Monkey Sanctuary. St Martin By Looe.

Donations

The Merlin MS Centre was awarded a £50 donation following an appeal.



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Please be more considerate!

There is a problem in the Holland Road estate at No Man's Land causing concern. A dog is let out unaccompanied at night to do it's business, this is not acceptable. The Parish Council contractor who maintains the grass was strimming the grass bank at the entrance to the estate and was unfortunately covered in dog faeces.

This bank is played on by by the estate children and this behaviour is a health hazard, there is also a considerable fine imposed by Cornwall Council if the culprit is caught.

If you have any information please contact the Clerk, details on page 2. Also, inconsiderate disposal of bagged dog waste continues to be a problem in the Parish, please use the bins provided or take it home, simply throwing it over the hedges is not acceptable.

Use it or Loose It!

We were all so pleased to see the village shop at Bindown, No Man's Land reopen after its sudden closure.

Sadly trade is poor and there is a danger that the shop will close again soon unless it is supported by the Parish residents.

The Shop is Open Daily 8am to 6pm. 7 days a week.

The shop is well stocked and the owner is happy to get anything in they don't carry.

Everyday essentials such as bread, milk, fruit and vegetables are all available. Also hot food, pasties etc for you to enjoy.

Please support your local business.

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Parish Housing Survey

In order for the Parish Council to assess the need for housing in the Parish you will in the new year receive a survey from Cornwall Council, this has been commissioned by us and we urge you all to complete the survey and return it to Cornwall Council. Should you know of anyone not in our Parish, but who would like to return, please encourage them to complete the online survey as their needs are important and will help us get the correct results. Once the results are in we will share the information with Parishioners and inform you all as to our findings.

There is a possible small housing development at No Man's Land being considered but cannot go ahead without assessing the Housing Need in the Parish, this survey will help us achieve that.

Broken Fingerpost

The fingerpost at Windsworth is broken and in need of replacement, this has been ordered and should be installed in the new year.

Parish Lanes

The Parish lanes are now much quieter with most of the visitors now gone, however, please consider walkers and other road users when driving, we are still getting reports of drivers going too fast for the road conditions, the lanes are for access only and are not through roads.

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Parish Council Meetings

Monthly meetings take place at the Memorial Hall, No Man's Land normally at 7.30pm on the first Thursdays of each month (not August), however please check notice boards or our website for dates. Requests to speak during Public Participation needs to be made to the Clerk 48 hours in advance, however the Chairman may allow items on the night, but this is not guaranteed. Contact details on page 2. Next meetings are:

December 5th, January 9th, February 6th March 5th 2020.

Looe Police Station contact number.

If you need to contact your local Police Station you can use the number below:

01503 266193

If there is no one available to answer your call please leave a message and a member of the team will contact you on their return.

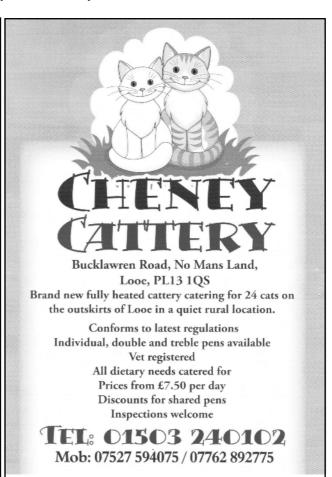
To report a crime, or for information and advice:
Call 101

(Calls cost 15p)

Emergency 999

01392 452935 (Minicom) 0800 555111

(Crimestoppers)



Winter Warmer by Jenny Side 2019

When the earth tips on its axis
And the polar ice has gone,
Our little bit,
Might always sit,
In the warmth of a setting sun!

No need for expensive heating, And woollens and thermal tights. Just summer kit, And houses fit, For days that last most of the night.

Nobody really likes winter, So let's all just wish it away. No need to act! Ignore the facts! Global warming is here to stay.

So bang up the crusty protesters – And that girl who thinks she's clever Temperatures rise! Eyes on the prize!







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HEALTHY

Climate Emergency - Carbon Emissions

97% of scientists agree that climate change is a serious issue – and that we're to blame. But when we're faced with a deadline of 2030 to cut net carbon emissions to zero, it can be difficult to know what we, as individuals, should do. With so many conflicting opinions out there, it sometimes seems easier to ignore what's happening. That's is why I'm writing these articles, a four-part series, on what we can do to help: small changes we can make to our own lifestyles to reduce our environmental impact, and lead the way for others to do the same.

This article, we'll be talking CO_2 emissions. When you think of reducing emissions, some of the first things you think of might be electric cars or solar panels – both fairly expensive things that are out of reach for most people. But there are other ways we can all help to reduce our carbon footprint: small changes we can make to our lifestyles that we can easily, realistically maintain.

One of the main things we can change is the way we get around. One solution that's often proposed is public transport – but living in a rural community, it's sometimes difficult to use public transport as much as people who live in more urban areas. One way of getting around this is to carshare with friends: if you and a friend are both going to the same place, why not go together? This way, you halve the amount of carbon you emit; and the more people you share with, the more carbon you save. Alternatively, if you're only going a short distance, you could try walking or cycling (admittedly, this is more difficult during winter when it's cold and wet!).

Another thing we can do (and this is difficult if you like a bit of retail therapy) is to reduce the amount we consume: clothes, cosmetics, and other nonessential things. The fashion industry is a big contributor to CO₂ emissions – in particular, fast fashion, high street chains like Primark and New Look. That doesn't mean that clothes from these brands are inherently bad: it just means that if you're thinking about buying something, you need to consider the amount of wear you're going to get out of it, rather than buying it on a whim or to wear it once. Buying considerately is something that many people (particularly young people like me!) often forget, but it's an easy way to reduce your carbon footprint. If you're really committed, you could try going a month or so without buying anything new, to see how long it lasts – or alternatively, you could try going a month only buying secondhand clothes. Charity shops are often full of

Climate Emergency - Climate Emissions

almost-new clothes that people have only worn a few times, and are definitely worth a look if you're going clothes shopping.

Something else that almost always get mentioned in discussions about reducing your carbon footprint is diet; and several studies have shown that eating more red meat contributes to global warming. Whilst some people encourage you to go vegetarian - and you absolutely can if you feel that's achievable for you - lots of people don't like the idea of just quitting meat (forgive me please) cold turkey. But there's many ways to reduce the carbon footprint of the food you eat: you could adopt a flexitarian diet, just eating meat on the weekends or at dinner; you could swap out red meat like beef for white meat like chicken, which produces less CO₂; or you could make sure to eat local foods. Eating meat can be sustainable if you're lucky enough to live somewhere rural, where there's lots of farming going on - just make sure to buy local meat. (This also reduces the miles your food has had to travel, so it's a good idea to try and buy as much of your food as locally as possible if you can afford it!) Obviously, these may seem like small changes in the face of the environmental challenge we're facing – but it's important to remember that so long as you're doing your best to help, you are a part of the solution! Article by Ellen Jarrett.







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History Snippet - Branching Out

By Jenny Wallis

Domesday Book records 4 ½ miles of woodland in our Parish! Now much of the woodland has been lost to agriculture – and a considerable lump of Parish has been lost to the sea! Coastal erosion is not new news here! But woodland management reaches back into the mists of time.

Alder and willow were grown at Bodigga for charcoal. Osiers (a small Eurasian willow) were planted for baskets and cages: hazel for hoops and wattles. The scarp at Keverell had a plantation of aspen for boxwood and panelling. Spindle and hornbeam were introduced to the valley at Millendreath to provide cogs and gears for the mills. Mr. Chubb planted sweat chestnut for hop-poles near his hop garden. Elms provided wood for building. C18th hedges were laid out with oak, ash and holly – standard trees, coppiced trees and cattle-proof barrier! There was a saw-pit at Pethick.

The C17th saw most of the Parish growing cereals. The Duchy leases were amended to provide more trees. Daniel Burt's rent at Bodigga was £24.10s plus plant 4 more trees. John Ivie of Treveria had to plant 4 trees per annum: Walter Evans of Trelowya had to plant 6. Woods had to be fenced and permission granted for cutting from the Court Leet. (Tree preservation orders are not new!).

All this was needed to satisfy a self-sufficient community before B&Q. Now the County Council is acting for climate change and planting trees again. Sustainable, useful, pleasing – can our trees again benefit our community? If they are planted alongside road hedges – inside the field they could create off-road pathways and leave tarmac to the traffic. Trunk roads, perhaps?

roado, pornapo.		
CORNWALL COUNTY COUNCIL Getting in	General enquiries (and all services) Children, schools and families Libraries Benifits Adult care and support Refuse and recycling Planning Housing Council Tax and Business rates Registration services Trading Standards Environmental Management	0300 1234 100 0300 1234 101 0300 1234 111 0300 1234 121 0300 1234 131 0300 1234 141 0300 1234 151 0300 1234 161 0300 1234 171 0300 1234 181 0300 1234 191 0300 1234 202
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5-minute mocha pots

By Chelsie Collins WWW.bbcgoodfood.com

This dreamy dessert is ready in under 10 minutes. Use milk chocolate if you're feeding young children.



Ingredients

- * 200g milk or dark chocolate with coffee, broken into chunks
 - * 300ml pot double cream
 - * 1 tsp vanilla extract
 - * 2 tbsp crème fraîche

Preparation time, 5 mins, Cook time 2 mins.

Easy

Serves 4.

Vegetarian

Nutrition: per serving kcal 676 fat 60g saturates 37g carbs 28gsugars

28g fibre 1g protein 5g salt 0.2g

Method

- 1. Melt the chocolate in the microwave for 2 mins, stirring halfway through, or over a pan of gently simmering water. Leave to cool a little.
- 2. Using an electric whisk, whip the double cream with the vanilla in a bowl until lightly whipped. Fold in the cooled, melted chocolate until fully combined.
- 3. Split the mixture between four small bowls or ramekins and serve topped with a dollop of crème fraîche. If you aren't serving straight away, chill in the fridge and then add the crème fraîche just before bringing to the table.

A Man of The Cloth

Early this year I was given a book on Natural History – it is not the first book that I have read on this subject and hopefully not the last. When I started to read it I was hooked, every word was read from cover to cover – the book is called 'The Illustrated Natural History of Selborne' and it was first published in 1789 and has been continuously in print since then, with nearly 300 editions up to 2007.

The Author was a gentleman called Gilbert White, born in the vicarage of St. Marys Church in the parish of Selbourne, Hampshire, on the 18th July 1720.



The Rev. Gilbert White Picture: Google.com

Gilbert White was one of the first Naturalists, Ornithologists and Conservationists in Great Britain. Educated in Oxford, he later became a Curate and preached in a number of places in Hampshire. Although Gilbert was a religious man, he devoted his life to the study of all things in nature. At the time. Gilberts contemporaries who were writing about wildlife, gathered their facts from birds and animals that were shot and killed - Gilbert amassed an enormous amount of knowledge from observing living things while walking in the countryside. His notebooks and diaries contain detailed descriptions of birds, animals, insects, plants and shrubs – all his notes and correspondence with other like minded people who included two gentlemen in particular, the Honourable Daines Barrington and Thomas Pennant, have all been published in the history of Selborne. What is interesting is the way Gilbert often structures his sentences to echo the physical style of a bird's flight. On inheriting a tortoise from his Aunt, Gilbert embarked on a series of experiments – firstly to see if the tortoise would walk to destruction by falling over the 'Ha Ha' at the rear of the house – it did not, stopping at the slope and turning around. Another experiment was to see if the reptile could swim - when placed in a receptacle of water it sank so the conclusion was that it could not - I must add that the tortoise was retrieved and not hurt in this experiment. The shell of this tortoise can be seen today in the Natural History Museum in London

Facts that we take for granted today were a little less documented in the 1700's – one particular item of discussion for Gilbert and his friends

A Man of the Cloth

was "Where did Swallows go in the Winter". As we all know today that they migrate to Southern Africa – Gilbert could not comprehend that the birds left our shores – his belief was that the Swallow, Swift and Martin hibernated in places yet to be discovered. One discovery attributed to Gilbert was that the Harvest Mouse was a separate species to other mice. A later Naturalist that is said to have read and studied Gilbert Whites findings was a man called Charles Darwin – as we all know he developed

and proposed a Theory of Evolution. Gilbert Whites life and work can be enjoyed today as the house in which he lived is now an exhibition open to the public.

David Keeble



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Light Up St Martins Parish



The Parish Christmas Tree was erected and the lights switched on again this year on 30th November.

Last years switch on event was so successful it was decided to repeat it again this year. The event in the hall was well attended and enjoyed by all.

The Light Up St Martins Parish Team have once again worked tirelessly to raise the funds to make this an annual event, however funds are always tight so if you can help with a donation no matter how small please see one of the team.

The Parish Council would like to thank all who have devoted so much time and effort to make the parish amazing again this Christmas.



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No Man's Land Hall



Hall News

The Jumble Sale on 26th October 2019, was a great success and raised £528.46 for The Childrens Hospice, Thank you to everyone who donated and supported us on the day.

Hall Events

Christmas Fayre, Saturday 7th December at 2.30pm, Various stalls and meet Father Christmas.

Christmas Bingo, Friday 20th December. Doors Open at 7pm, eyes down at 8pm. Good prizes plus Grand Slam Raffle.

Good Luck, hope to see you soon,

The Hall Committee would like to wish you all a very Merry Christmas and a happy
New Year.





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