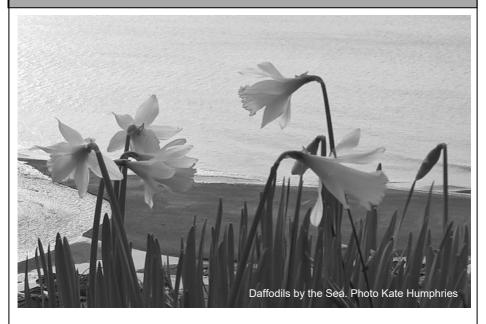
St Martin-by-Looe News



Spring 2016

Published and funded by St Martin-by-Looe Parish Council. Delivered FREE throughout the Parish.

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Advertisements

If you would like to include an advertisement in the next edition of St Martin By Looe News please contact The Clerk, Charles Hyde on 01579 340905 or by email stmartinpc1@btinternet.com. Costs: £20 for a full page, £10 for a ½ page, £5 for 1/3 page. Contract discounts are available.

The magazine is printed quarterly and has a circulation of 300 copies which are delivered throughout the Parish.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

Statutory Disclaimer

All articles and advertisements are published in good faith, St Martin By Looe Parish Council cannot check all details in the articles and any views expressed may not necessarily reflect those of the Parish Council. Neither can we be held responsible for the actions of any advertisers now or in the future.

Parish Council Update

Welcome to the Spring 2016 Edition

It is with great sadness that I am writing this edition without my wife Sue who passed away in January, Sue was my rock, proof reader, bookkeeper and best friend and I miss her so very much.

In this edition you will find all the usual articles, Dave Keeble reminds us that summer is not too far away and Barbara Reynolds updates us on progress for this years 40th Morval Vintage Steam Rally. As usual any articles for the next issue need to be submitted to me by email or post by mid May. Contact details on page 2.

Planning Applications

The following planning applications have been received: The retention of former piggery for residential use as one dwelling at Keveral Farm: A two storey extension to allow joint living accommodation and internal renovations, at Murrayton Lodge, St Martin by Looe.

Donations

No requests for funding were received by the Parish Council, during the last three months.



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Parish Council Update

Speed on the B3253.

During the later part of 2015 a 'Radar' Speed Monitoring device was installed on the B3253 at No Man's Land, the results of the monitoring showed the majority of vehicles passing through the village do so at under 40mph, of course there will always be exceptions. The Parish Council will continue at every opportunity to campaign for a 30mph limit through the village.

Highway Maintenance in the Parish.

The condition of the roads are a concern, monthly the Parish Council report highway issues, however budget constraints mean only essential works are carried out. If you see a pothole please use the 'Report it' form on Cornwall Councils website, it works!

Parish Council Meetings.

You are always welcome to attend the Parish council meetings in the Memorial Hall, No Man's Land. They usually are held on the first Thursday of each month but please check the noticeboards. Requests to speak during Public Participation need to be submitted to the Clerk by post or email at least 48 hours in advance.

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History Snippet - About a 'round'.

A Cornish 'round' is an oval or circular enclosure used in late Iron Age to 600AD as a basic homestead. 'Rounds' are typically sited on slopes 75m – 120m above sea level and have shallow ditches around an area of, perhaps, a couple of acres containing timber structures. They are known to have been used and reused for a thousand years and are associated with 'field' systems. Some 'rounds' are still visible today. Others linger in the landscape as 'field' names.

'Rounds' show us where early settlers first cleared the wildwood and created open spaces – later called 'fields' and 'lands', which became the Anglo-Saxon three field system.

Our old Parish map names four 'rounds' and five areas still called 'field' in 1840.

Round-O, now in Looe, is on the slope above the cliff path half way to Plaidy. Seaward were Roper's Fields (now eroded) and westward were Windmill Fields.

Round Park is on a slope, now terraced, to the east of Millendreath Lane in Looe Bay Holiday Park. The area to the west is 'land'.

Round Field is tucked under the hilltop north of Bucklawren and across the road from Crooked Field. Maybe this was the 'burgh' of Boklawornburgh in C14th legal papers.

Round Park and Round Meadow lie just south of Hessenford on the western valley side. The exact spot is unclear as the map is too stained to read detail. But it is near Longland up the hill.

The only 'field' area with no remaining 'round' is on the highest point in the Parish, west of Penhale.

All these areas are taxed as ploughlands in 1840, so any traces of habitation would be slim. But I'd always be on the lookout for a gabbroic sherd or a broken saddle quern!. And no, it's not a brown field site!

By Jenny Wallis.

Spring Minestrone Soup with Pesto

By Mary Berry. www.bbc.co.uk

This light and summery soup makes the most of springtime vegetables, don't forget a dollop of pesto on top.

Try freezing this soup in portion-sized containers - it will keep for 2 months.

Cooking time 30 mins to 1 hour



Ingredients (Serves 6).

- 3 tbsp olive oil
- 40g/1½oz <u>butter</u>
- 2 large <u>onions</u>, finely chopped
- 1 <u>leek</u>, halved lengthways and thinly sliced
- 250g/9oz potatoes, peeled and finely chopped
- 3 sticks <u>celery</u>, finely chopped
- 150g/5oz savoy cabbage
- 2 litres/3½ pints beef or vegetable stock
- 400g/14oz can Italian chopped tomatoes
- salt and freshly ground <u>black pepper</u>
- 2 tbsp green basil <u>pesto</u>

Method

Heat the oil and butter in a large pan. Add onions, leek and potatoes and cook for about five minutes, until starting to soften, stirring from time to time. Add the celery and cook for a few minutes more.

Meanwhile cut the half cabbage in quarters. Remove central stalk from cabbage and discard. Cut leaves across the wedge shape in short shreds.

Pour stock and can of tomatoes into the pan with the cabbage. Bring to the boil and gently simmer for about 30 mins.

Add pesto for the last 5 mins, and check the seasoning before serving.

Each serving provides 220kcal, 4.5g protein, 16g carbohydrate (of which 8g sugars), 14g fat (of which 4g saturates), 4g fibre and 2.2g salt.

News Snippets

Looe Community Memory Café

A committee of local volunteers has recently set up a Memory Café in Looe to be held at St Martin's Community Hall. The Café was officially opened by the Mayor Councillor Armand Toms on Friday 12th February and further monthly meetings are planned for the second Friday of each month starting at 2.00pm.

All are welcome. More information contact Deirdre Crocker on 01503 264414.

Big All Day Breakfast

Robert and Jean Henly wish to express their very sincere thanks to all those who helped and supported the Big All Day Breakfast at St Martins Church Hall, Looe on Saturday 30th January making it such a successful event.

A total of 180 breakfasts were served and £2500 raised to be shared between their chosen charities, St Martins Church, Looe, Rotary Shelter Box and Childrens Hospice South West.



No Man's Land Hall

Work should start soon to open up the doorway from the Hall into the Hall garden and the new community area. Let us hope the weather improves soon so we can take advantage of it.

We have had a few problems with the parking at the Hall. There are fifteen allocated spaces for the residents of Holland Road for which we charge a fee and a permit issued. Residents who do not have a permit are not permitted to park in the Hall car park at any time without the express permission of a Trustee.

This does not apply to visitors using the Hall, who have priority. Please contact a member of the committee if you wish to be added to the waiting list for a space.

The recent Jumble sale was a success, with lots of goods on offer.

Forthcoming events;

Easter Bingo, Friday 11th March. Doors open 7pm, eyes down at 8pm.

Spring Flower Show, Saturday 19th March. 2.30pm.

For schedules and information please contact Mrs. Tracy Chudleigh 01503 240704.

Thanks must go to all the people who help make these events possible.

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No Man's Land Hall

The Hall will be used as a polling station on 23rd June for the E.U. referendum.

The Hall will be used as a polling station on May 5th to elect the Police and Crime Commissioner.

On the $16^{th} - 23^{rd}$ July we once again welcome the **Barnsley School of Music.** The School use the Hall as a base when they are performing in the locality.

If you wish to hire the Hall, please contact Mrs. R Powley 01503 240650.

We also have a billiard/snooker room with a full size billiard table if anyone is interested in starting a club.

The Annual General Meeting is on Monday 11th April at 7pm.

Everyone is welcome to attend this meeting and new committee members are always needed.

Here is your chance to be part of your community.



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Housing	0300 1234 161
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Thoughts of Summer

Looking out of the window on this, the first day of March, Summer seems a long way off. The wind and rain, combined, make for quite an unpleasant day. Some comfort can be had though by looking at the snow drops, daffodils and primroses doing their best to combat the elements.

The same conditions were present in January when I once again took part in the R.S.P.B. Big Garden Bird Watch. Within the hour that I had chosen to count, I only recorded twelve species of birds visiting my feeders – hardly surprising for the weather was so bad I could only just see through the windows. I felt disappointed when submitting my results but all data counts towards the National figures.

While deciding whether we need more logs in the basket for the fire tonight, my mind drifts off to our planned Summer holiday this year when we will be returning to France to one of our favourite locations. The Poitou-Charente is known for its many rivers which meander through forests, open pasture land, vast fields of sunflowers and vine plantations. Our destination is a small village with no



Thoughts of Summer

facilities, shops or Post Office. Positioned on the edge of the village are large irrigation ponds from which the farmers draw water for their crops. To the North of the village there is a Camping Site where there is a ten acre lake that contains a large number of fish – 40lb plus Carp are regularly caught as well as Pike, Perch and many other fresh water species.



A Coypu commons.wikimedia.org

Of course this habitat is a haven for all kinds of birds, reptiles and animals. Way back in 2003 I had my first encounter with a large member of the rodent family – a Coypu. The Coypu, or 'Ragondin' as it is known in France, is a large semi aquatic animal similar in appearance to a Beaver but not as large - they can however grow to almost a metre in length and weigh up to 7kg. They originate from South America and were brought to Europe to be farmed in the early 1900's for their fur. Many escaped captivity and soon became established in the wild. In the UK fur farms were set up in the 1920's on Norfolks Broadland but the trade was never really a great success and inevitably animals that escaped during that period soon established themselves and spread to most local waterways. With their habit of tunnelling in to river banks, which caused erosion and eating crops such as sugar beet, they became very unpopular and were trapped and killed. Hunters received five shillings a tail bounty and by 1989 all Coypu in Norfolk had been eradicated.

It is a similar story in France but their waterways are so extensive that trapping every animal would be an almost impossible task. After many encounters over the years I like to think this animal classed as an invasive species can find a niche in our wild environment and live alongside native wildlife.

David Keeble

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26th APR RIVER CRUISE TO AGATHA CHRISTIE'S GREENWAY

HOUSE

7th MAY MALVERN SPRING GARDENING SHOW

7th MAY BADMINTON HORSE TRIALS

26th MAY RIVER FAL CRUISE & CALLESTICK ICE CREAM FARM

23rd JUNE POWDERHAM CASTLE & RIVER EXE CRUISE

7TH/8TH JUL RHS WISLEY & HAMPTON COURT GARDEN SHOW

7th AUG FESTIVAL OF BRITISH EVENTING – GATCOMBE

14th AUG JURASSIC COAST – SEA CRUISE TO SIDMOUTH

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3rd – 4th SEP GREAT DORSET STEAM FAIR WEEKEND

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If you need to contact your local Police Station you can use the number below:

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If there is no one available to answer your call please leave a message and a member of the team will contact you on their return.

To report a crime, or for information and advice:

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Emergency 999
01392 452935 (Minicom) 0800 555111 (Crimestoppers)



40th Morval Vintage Rally



This year sees MORVAL VINTAGE STEAM RALLY celebrate 40 years and the committee really want to celebrate in style. It all started out as an event to raise funds for Morval Church and as it was such a success it was decided to continue and raise money for local charities and now forty years on, a vast amount of money has been given away, somewhere in excess of £200,000 to our knowledge. For a small group that is amazing and without the public's support it could not have been done and so this year we are asking you to please, please come along and support us in making it the best rally ever. On a sadder note this will be the last chance to see the rally at Bray Farm, unfortunately, we have to find new land and although we have had offers on the table, no decision as to where we go next has been made and we are still on the lookout for the perfect site. If you have any land you can offer, please contact Barbara Reynolds on 01503 240520 and watch this space for more news on things happening at this year's rally AUGUST 27TH, 28th &29TH.



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Looe Valley Singers

December 2015 was a very busy time for the singers. We visited several local care homes, the ECHO Centre in Liskeard, and also sang at Heligan, Mount Edgcumbe and Cotehele, ending our Christmas programme with the traditional carol service at Talland Church.

We are now busy planning our events for 2016 and would welcome new members to come and join us. We are a friendly group of ladies and we meet at the Music Suite, Looe Academy on Thursdays at 7pm.

For further details please contact: Jill Thomson on 01503 240768 or email <u>jillthomson1@hotmail.co.uk</u>. You can also find us on our

website:www.looevalley singers.org and some of our members will be at the Societies Day in the Millpool Centre on February 27th. We look forward to meeting you there.

Is it valuable?

There is to be an Antiques Valuation Day in St. Martin's Church on Saturday 16th April from 10-4 p.m. The Valuer is Hamm Richard οf Bearnes Hampton & Littlewood. Exeter. There is no charge for the valuation but donations are invited, and there will be refreshments light served all day, including cream teas.



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