



Autumn 2019

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The magazine is printed quarterly and has a circulation of 300 copies which are delivered throughout the Parish.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

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Parish Council Update



Welcome to the Autumn 2019 issue

As I write this piece I can't see beyond the bungalow behind me. my beautiful view in obscured by thick mist and drizzle, I do hope summer returns in September otherwise it's going to be a long old winter! The Parish has been very busy this summer, more and more camp sites have been given permission and this has had a detrimental impact on the parish roads, severely affecting life for the residents. Inside this issue is an article describing the impact of this on one resident, also included is another fascinating history article by Jenny, a tasty recipe and new to this publication the start of a regular article on The Climate Emergency and how we can all do our bit. I do hope you enjoy this issue, feedback is always welcome, email: stmartinpc1@btinternet with your thoughts and anything you wish to include in the next issue by mid November.

Parish Hedges

Hedge cutting has commenced in the Parish and once again this year debris is left all over the roads, this washes into the drains and gullies and last year contributed to the flooding on several roads. If you are cutting your hedges, please clear up once the hedges have been cut. Thank you.



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Parish Council Update



Planning Applications

Applications were received for: A single storey extension and internal alterations at Waresmill, Millendreath: A certificate of lawfulness for the continued use as a permanent dwelling at 2 Valley bungalows, Millendreath: The Change of use of land to site 3 bell tents/yurts with platforms and demolition of outbuilding and construction of replacement building to provide shower/WC facilities at Penvith Barns, St Martin by Looe: To develop the already existing holiday park by installing 6 wooden glamping pods and 5 canvas bell tents on land currently used as storage area at The Oaks Holiday Park, St Martin by Looe (Revised smaller application has since been submitted): Application for the modification or discharge of planning obligation 95/0156/F dated 01/10/1996 at Tregoad Farm St Martin by Looe: Certificate of Lawfulness to confirm that the occupation of Tregoad Manor is not controlled by a condition restricting it to agricultural/forestry workers or persons employed in the holiday business at Tregoad Farm St Martin by Looe.

Donations

No requests for funding have been received so far this financial year, all requests will be carefully considered by the Parish Council at future meetings.

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Parish Council Update



Parish Council Meetings

Monthly meetings take place at the Memorial Hall, No Man's Land normally at 7.30pm on the first Thursdays of each month (not August), however please check notice boards or our website for dates. Requests to speak during Public Participation needs to be made to the Clerk 48 hours in advance, however the Chairman may allow items on the night, but this is not guaranteed. Contact details on page 2.

Next meetings are: September 5th, October 3rd, November 7th and December 5th.

Looe Police Station contact number.

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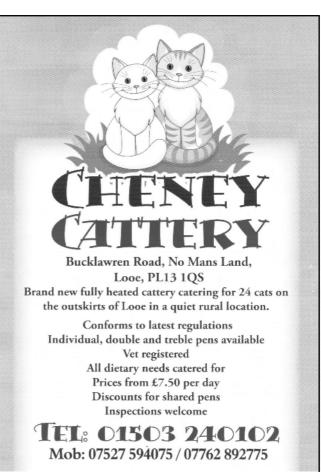
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Climate Emergency - Single use plastic

Cornwall Council have recently declared a Climate Emergency, what does this mean? How can we make a difference? What can I do?

So I decided to ask my 16 year old niece Ellen Jarrett her opinion, after all her generation are going to be affected far more than mine and this resulted in her offering to write a series of articles for this magazine, so here we go with the first highlighting single use plastic.

Charles Hyde - Editor.

97% of scientists agree that climate change is a serious issue – and that we're to blame. But when we're faced with a deadline of 2030 to cut net carbon emissions to zero, it can be difficult to know what we, as individuals, should do. With so many conflicting opinions out there, it sometimes seems easier to ignore what's happening. That's is why I'm writing these articles, a four-part series, on what we can do to help: small changes we can make to our own lifestyles to reduce our environmental impact, and lead the way for others to do the same.

This article, we're talking single-use plastics. Whilst they aren't contributing to global warming, their effect on the environment is devastating: as animals mistake them for food, they cause poisons to build up in the food chain, until they reach deadly levels. We've all seen that scene from blue planet 2 – a mother whale carrying her dead calf, poisoned by the toxins in her milk from the plastic she's eaten. If we don't act, scenes like that could become even more common, reducing ocean biodiversity and weakening essential ecosystems.

As consumers, there are changes we can make within our own homes and personal lives to reduce our plastic waste. Going plastic free or zero waste is unattainable for most people, but there are a few easy swaps we can make:

- 1. Bring your own cloth bag or bag for life to the shops, rather than buying one there.
- 2. Buy a reusable coffee mug and/or water bottle (they're available in most supermarkets) instead of getting a single use cup every time you buy a drink.

Climate Emergency - Single use plastic

- 3. Say no to straws! If you have to, use paper or metal straws.
- 4. Try to buy unpackaged groceries farmers' markets and farm shops are great for cheap, low-waste grocery shopping. Or, take your own containers to the supermarket – most supermarket deli counters will be happy to fill your containers.
- 5. If you're willing to head a bit further afield, the zero-waste pop-up "Incredible Bulk" sells packaging-free ingredients and can be found in markets in Camborne and Mawgan Porth; more packaging free ingredients are available in Truro and Penzance.
- 6. For cosmetics, some big brands like Aveda, Lush, Kiehl's and the Body Shop run schemes where you're rewarded for bringing back your empties – so if you're planning a trip to town, make sure to bring along any empty cosmetics containers!
- 7. Use soap bars instead of bottled soap.
- 8. If you prefer shopping online, packagefreeshop.com offers a great variety of eco-friendly products though they are a little pricey!

Hopefully, you'll be able to take at least one of these tips on board, and eventually make living with less plastic a habit! If everyone makes just a few simple swaps, we can vastly reduce the amount of plastic waste we produce, and help save our oceans.

Thank you for reading! If you're interested in pursuing these issues further, some useful websites to learn more and get involved are:

pebblemag.com greenlivingonline.com Treehugger.com

Facebook page, 'Cornwall Climate Action Network'. Ellen Jarrett.

History Snippet - Rambling about the Poor House

By Jenny Wallis

In 1851 Wilkie Collins, a young writer friend of Dickens set off to 'trodge' round Cornwall with his knapsack and a companion. He soaked his feet in vinegar and changed his socks every 10 miles. The best observations of scenes and situations, he said, could be gleaned by travelling on foot. He observed that the Government Tables of Mortality recorded no deaths in Cornwall from starvation, despite the potato famine and mass migration from mining areas. Wilkie comments that fishing and agriculture provide year round employment. Rents are affordable; foodstuffs plentiful. Small communities looked after their own.

Here in St Martin's was a long tradition of 'apprentices'. Farming families took on disadvantaged youngsters.

In 1856 Tregoad employed 7 young people and modest businesses like Chubb's Mill, Penvith Smithy and the Vicarage had live-in servants under twelve.

But one of the oldest buildings here in 'Halt's Cottage' near the church. Elizabeth I encouraged parishes to fund provision for the poor and poorly. 'Halt is an old word for 'lame'.

The stone building stood in a self-sufficient garden donated by the Lord of Pendrym. In 1662 it had 5 taxable chimneys. By 1664 2 had been taken down to save money! The man in charge was Fardinando Wallis..... From 1834 the new Liskeard Union Workhouse oversaw the area 'charity'. By this time Barbican Road had been re-routed right through the site. In 1851 John Clogg leased it from Pendrym. It was sublet to Matthew and

One and all Onen haa oll CORN WALL COUNTY COUNCIL	General enquiries (and all services) Children, schools and families Libraries Benifits Adult care and support Refuse and recycling Planning	0300 1234 100 0300 1234 101 0300 1234 111 0300 1234 121 0300 1234 131 0300 1234 141 0300 1234 151
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History Snippet -Rambling about the Poor House

By Jenny Wallis

Martha Mutton and their daughters Susan and Mary (who was deaf). It was listed as the Poor House.

The 1906 OS map shows 'Halt's Cottage' but later the new vicarage and cottages were built in the garden across the road.

Recent signage proclaims 'Holt's Fields! Oh dear! But never mind!

Two trodgers were passing by, I wonder if they had read Wilkie Collins 'Rambles Beyond Rail-



Liskeard Union Workhouse Photo workhouses.org.uk

ways' and carried a drawer-full of socks in their knapsacks. I hope so.

Jenny Wallis.





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Butternut squash soup with chilli & crème fraîche

Ingredients

- **1.** 1 butternut squash, about 1kg, peeled and deseeded.
- 2. 2 tbsp olive oil .
- 3. 1 tbsp butter.
- 4. 2 onions, diced.
- **5.** 1 garlic clove, thinly sliced.
- **6.** 2 mild red chillies, deseeded and finely chopped.
- 7. 850ml hot vegetable stock.
- **8.** 4 tbsp crème fraîche, plus more to serve.



Method

- 1. Heat oven to 200C/180C fan/gas 6.
- 2. Cut 1 peeled and deseeded butternut squash into large cubes, about 4cm/1½in across, then toss in a large roasting tin with 1 tbsp of the olive oil.
- **3**. Roast for 30 mins, turning once during cooking, until golden and soft.
- **4.** While the butternut squash cooks, melt 1 tbsp butter with the remaining 1 tbsp olive oil in a large saucepan, then add 2 diced onions, 1 thinly sliced garlic clove and ³/₄ of the 2 deseeded and finely chopped red chillies.
- **5.** Cover and cook on a very low heat for 15-20 mins until the onions are completely soft.
- **6.** Tip the butternut squash into the pan, add 850ml hot vegetable stock and 4 tbsp crème fraîche, then whizz with a stick blender until smooth. For a really silky soup, put the soup into a liquidiser and blitz it in batches.
- 7. Return to the pan, gently reheat, then season to taste.
- **8.** Serve the soup in bowls with swirls of crème fraîche and a scattering of the remaining chopped chilli.

Recipe from Good Food magazine, October 2009



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See Jenny's story in full. Search YouTube for "Jenny South West Heating"

New residents on Looe Island



Visitors to Looe Island may notice that there are some new residents. Cornwall Wildlife Trust have purchased 24 Shetland lambs to be used for conservation grazing. The sheep were transported over to the island by boat. They were loaded into a specially constructed cage that held 12 sheep at a time.



The sheep were very relaxed and took the journey in their stride, even when they were carried from the trailer to the boat. Once on the island they started grazing as soon as they were released. According to the warden the sheep 'looked like the belonged on the island'. The sheep will live on the island for the rest of their lives.

Lynne Burt



No Man's Land Hall

It is with great sadness we have to report the death of Mrs Jean Lightfoot. Jean was a trustee and dedicated member of the Hall Committee for many years, as was her late husband Maurice. We shall all miss her greatly. R.I.P.

The recent Jumble Sale was a great success with over £450.00 raised for Hall funds and in October (date to be announced) we are having a Jumble Sale with all proceeds going to The Children's Hospice S.W. This is going to be HUGE! We already have loads to sell and we are always on the lookout for



More so, clear out your cupboards! We have supported this charity for many years, so come on, help us make this Jumble Sale the biggest yet! Sadly, one of the water butts that services the allotments was recently vandalised beyond repair and had to be replaced. We have no idea why. The police have been informed.

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No Man's Land Hall Future Events

The **Harvest Festival** is on Sunday 22nd September 3pm. This is followed by a tea and an auction.

The **car park will be closed** from 9am Friday 27th September to 9am Saturday 28th September this year. We will put a notice up nearer the time to remind everyone.

Other dates for your diary- **The Remembrance Service**, Sunday 10th November 6.30pm

The Christmas Fayre Saturday 7th December 2.30pm **Christmas Bingo Friday** 13th December 7 for 8pm.

We hope to see you all soon.

Kate Humphreys,

Secretary, St Martins Village Hall Trust. katehumphreys279@btinternet.com.

We also have a Facebook page.



Walking the Parish Roads!

An interview with Andrea Lankston.

Following consultation about the recent planning applications for additional caravan and camping pitches in the parish, I had an interesting but concerning chat with Councillor Lankston, this is what she had to say.... "Living on Bucklawren Road has always been challenging, however it also has it's advantages, having access to the parish lanes to walk the dogs or have a family walk is one of the many pleasures of living in such a beautiful parish. This summer things have changed, Cornwall Council planners have continued to give permission for more and more caravan and camping pitches, resulting in more and more traffic, despite objections to these applications they have all been approved. In summer our Parish roads and lanes have now reached saturation and too many drivers, (locals included), drive too fast or worse are using their mobile phones. I fear for my family's safety and now avoid walking the roads. My neighbours feel the same, one now refuses to allow the grandchildren to play in the front garden, fearful for their safety, what has to happen for something to be done? A fatality, serious accident who knows. The Parish Council needs to build up a portfolio of residents views to back up their objections to the expansion of the holiday parks, so I urge you to submit your thought as soon as possible to the Parish Clerk".

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BUZZZZZZZZZ Off

Last Summer I noticed a few wasps coming and going from under my fascia board but as they were not causing any problems I decided to let them go about their business. I contacted a bee keeping friend of mine who said that if they were left alone they should all be gone by late Summer, including the Queen, and they would not return - which subsequently proved to be the case.



Curiosity got the better of me regarding the location of the nest within the loft so after moving many years' worth of stored items I was astonished to find , right in the furthest most corner, a very large and most wonderful structure — although my wife did not share my view. I am including a picture of said nest.

This year, while I was in a wild section of the garden, I came across another nest – the entrance to which was underground – probably an old mouse or vole hole. I was first alerted to the location when I was kneeling to remove some weeds and was stung twice on the knee which was very painful for several days. As the area is several yards from the house, this nest will hopefully be vacated without any problems.

I was very interested recently when I received an email from a neighbour informing me that she had seen a Honey Brown member of the Crow family — some discolouration in Corvids is well documented including Albino individuals. This bird was not at that end of the spectrum, but nonetheless was a very good sighting. Some days after I saw the same bird — identification was easy as it was with both parent birds and a perfectly normal black sibling — it proved to be a Carrion Crow. **Cont:**

BUZZZZZZZZZ Off

A bird that has been visiting my garden for some years now is the Willow Warbler – sadly this year no sightings have been made – I fear it is now too late for any pair to have nested in my vicinity. This small bird migrates to us from West Africa and then leaves with its fledglings in September to return to its Winter home. The reason for the absence of this bird could be many and varied but hopefully next year will see a return.

On a positive note, I have noticed an increase in the number of various small birds visiting my feeding stations which is good news – although my wallet does not think so as they are costing me a fortune!!



David Keeble

A Willow Warbler - photo Rspb.org.uk



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