St Martin By Looe News



Ewan & Chiana A'Lee with Stephanie and Toby Burt were the first to collect their Jubilee Mugs.

Autumn 2012

Published and funded by St Martin By Looe Parish Council. Delivered FREE to every home in the Parish.

stmartinpc1@btinternet.com www.stmartinbylooepc.btck.co.uk

St Martin By Looe Parish Councillors

Contact Numbers.



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Roberta Powley 01503 240650

Councillors

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County Councillor

Armand Toms 01503 264823 atoms@cornwall.gov.uk

Advertisements

If you would like to include an advertisement in the next edition of St Martin By Looe News please contact The Clerk, Charles Hyde on 01579 340905 or by email stmartinpc1@btinternet.com. Costs: £20 for a full page, £10 for a $\frac{1}{2}$ page, £5 for $\frac{1}{3}$ page. Contract discounts are available.

The magazine is printed quarterly and has a circulation of 400 copies which are hand delivered to every home in the Parish.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

Statutory Disclaimer

All articles and advertisements are published in good faith, St Martin By Looe Parish Council cannot check all details in the articles and any views expressed may not necessarily reflect those of the Parish Council. Neither can we be held responsible for the actions of any advertisers now or in the future.

Parish Council Update

Welcome to the Autumn Edition

Firstly I must apologise for this edition being late, personal circumstances have prevented me from having the time to work on this magazine and as I have said many times before without YOUR help this task is becoming harder every time.

This edition is Halloween themed and contains a special themed quiz, story and recipe to enjoy.

Planning Applications

The last few months have been very busy with applications for the construction of 14 holiday homes and sea wall at Millendreath; the replacement of an existing agricultural building at Pethick Farm; the change of use of property to a cattery for 12 - 16 cats at Cheney Cottage; change of use of agricultural land to provide for expansion of existing caravan and camp site at Bay View Farm; the erection of a new leisure building at Millendreath and the construction of a two storey self contained extension at Penhale. Some of these applications have proved very controversial and resulted in lively debate at the Parish Council meetings and also at a special joint meeting held with Looe TC.



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KERRY LAKE 01503 250264
Or visit www.downderrychildcare.co.uk

Parish Council Update

Donations

No requests for funding were received by the Parish Council.

B3253 Speed Limit

Due to changes in the way rural roads are to be assessed, the Parish Council has once again raised the issue of the speed at No Man's Land, together with support from County Councillor Armand Toms and MP Sheryll Murray we are hopeful that we can get the speed reduced to at least 40 MPH. Cornwall Council are also looking at improving the crossing by providing a pedestrian refuge in the middle of the road.

David Keeble

We welcome Mr. David Keeble to the Council who replaced Ronald Matthews who retired earlier this year.

Dog Bin at Bucklawren

The Parish Council have received a request for a dog waste bin at Bucklawren, this has been passed to Cornwall Council who are making arrangements for one to be installed.

Parish Council Meetings

In the Memorial Hall, No Man's Land, November 1st & December (TBC see noticeboards). Public participation welcome before the meetings start. Please inform the Clerk if you have comments on Planning Applications giving at least 48 hours notice.

Looe Police Station contact number.

If you need to contact your local Police Station you can use the number below:

01503 266173

If there is no one available to answer your call please leave a message and a member of the team will contact you on their return.

To report a crime, or for information and advice:

Call 101 (Calls cost 15p) Emergency 999 01392 452935 (Minicom) 0800 555111 (Crimestoppers)

New Parish Councillor

Dear Parishioners

I would like to introduce myself to you as I have just been co-opted on to St. Martin by Looe Parish Council due to the retirement of Ronald Matthews who was a member of the Parish Council for many years. He will be a hard act to follow but I will do my best to represent everyone in the Parish.

Having worked in the area as a BT engineer for 26 years, until my retirement in 2007, I feel I have a good knowledge of the locality. I have lived in the Parish for 13 years, my wife having lived here for 32 years, and hope to be here for many more to come in this beautiful part of Cornwall.

I have a keen interest in natural history and wildlife, particularly ornithology, and would be pleased to hear from anyone in the Parish who has had any sightings of interesting birds or animals as my intention is to write a small factual column in the Parish magazine.

Hope to see some of you at the monthly meetings.

Kind regards

Dave Keeble

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* Contact us too if you want a copy of the summary of the test report.

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New developments in energy saving Heating

German engineers have developed new ways of using infrared technology for heating. Instead of having extremely hot heating bar elements, which are often too hot to get near and are not so effective when further away it is now possible to have the heat spread over a larger surface area and at a much lower power rating. A 90 x 60 cm panel for example has only 800W - 900W (instead of 1.50 Kw - 2Kw for the bar elements) and this is often sufficient to heat the average living room. The panels come in different sizes to suit all your needs and with plain painted fronts and attractive photo/picture fronts. You can even have your own favourite photos printed on your own panel. Other fronts include the luxury range of ceramic, granite and marble. Even heated mirrors are available! No more fogged up and damp bathrooms The panels are also ideal as supplementary heating when one does not wish to have the whole central heating system on. Ecowarmth of Plymouth now offers this the new and stylish range. Contact Ecowarmth on Freefone 0800 027 3700 or via email on enquiries@ecowarmth-sw.com

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History Snippet by Jenny

Bygone Bodigga

One of the oldest settlements in the parish is Bodigga. The 'Bod' bit indicates that it dates back at least to our Cornish heritage (500-900AD) and new research is suggesting that someone might have been bedding down in a "bod' in 1000BC.

'Bod' was a homestead rather like the 'Tref' and may have been given to the home of a woman or a less important landholding. The last person to be remembered at Bodigga was possibly a lady called Eadgyo – an Old English name. Bodigga has also been referred to as Bodcodigu and Bodcusuga – but most importantly it has been referred to as a manor.

Domesday records that the manor of Bodigga was taken from Pendrym in the time of Edward the Confessor. Pendrym was a Royal estate which seemed to have gained control over Bodigga and neighbouring Bucklawren. William the Conqueror gave the whole area to his half-brother, Robert of Mortain, and he parcelled it out to Norman groupies. Bodigga became the possession of the notorious Bodrugan clan based down in Mevagissey.

It was the custom at this time to donate land to charity. The Bodrugans donated Bucklawren with Bodigga to Launceston Priory so that the monks would pray for their souls for ever. Bodigga is under Holy Orders and is featured in Charters! All roads led to Launceston and on to Rome!

All this changes with the Dissolution of the Monasteries. In 1540 Bodigga is claimed back by Good King Henry and forms part of the new Duchy of Cornwall. But in hindsight it must have been always been a decreasing asset. At today's rate of coastal erosion the Romano-British manor must have stretched out to the Rannies. Its northern boundary is most likely still preserved in the bridalway from Summercourt to Chubb's Mill together with a significant hedgebank..

Summercourt? Well, the manor held 4 annual courts. It was traditional to hold court at different venues to include all the inhabitants. (Polliscourt was probably another site.) The Summercourt site is older than the present Bodigga building. But Bodigga can claim to be part of our democratic heritage which, like Bodigga's shoreline, has been sadly eroded by time and tide. Localism is not new!

Spooky Mummy Muffins

WWW.edenproject.co.uk

Impress your friends and family this Halloween with these spooky edible Mummies.! **Mummy Muffins** (makes 12). All ingredients to be at room temperature

For the muffins:

- •150g butter
- •150g caster sugar
- •175g self-raising flour
- •3 medium eggs
- •2tbls cocoa powder
- 1tbls milk
- •1 tsp vanilla extract



For the buttercream:

- •100g butter •100g icing sugar
- •1tbls cocoa powder

For the decoration:

- •200g fondant icing
- •Red, yellow, green & black food colouring •Icing sugar to dust

BROUP TRAVEL

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Website:www.grouptravelcoachhire.com Email: benneymoon@btinternet.com

Spooky Mummy Muffins cont:

Pre-heat oven to 180 C. Line a 12 bun muffin tin with paper cases.

Now this couldn't be easier, just put all muffin ingredients into a food processor and process 'til you get a smooth, thick batter.

Distribute mixture evenly between 12 muffin cases and bake in the pre-heated oven for 20

minutes or until risen and browned.

Once they're fully cooled, you can get on with the fun part- decorating! First off, make your buttercream by combining together the butter, icing sugar and cocoa powder- keep mixing 'til it's of a soft, spreadable consistency.

Then: Take 75g of the fondant and split into 4 equal balls. Colour each one a different colour (red, green, yellow and black), then wrap each ball in a bit of cling film while you get on with making the 'bandages' (the fondant dries out quite quickly, so keep it covered whenever you're not using it). Separate the remaining 125g of fondant into 3 balls (it's easier to roll out in smaller amounts), put plenty of icing sugar on your work surface & rolling pin and roll the white fondant 'til it's a couple of



Spooky Mummy Muffins cont:

millimetres thick- lifting the icing and re-dusting your work surface between rolls will help stop it sticking.

Using a sharp knife, cut the rolled-out fondant into thin strips approx. 5 mm wide. Spread the buttercream over the surface of the muffin & layer the fondant bandages on top, leaving a gap for the eyes. Now make your eye balls from the coloured fondant and put them in place- the black fondant pupils might need a dot of milk on the underside to help them stick.



ReZolve Introduce New Training Schemes for Young People

ReZolve, an award winning social enterprise, are pleased to announce that their unique supported work placements will now be open to younger members of the local community as part of a new initiative to motivate 16 - 19 year olds who are currently unemployed and not undertaking any training.

ReZolve has been offering work placements to members of the local community for over five years through the operational side of their Bodmin based reuse shop: RE:SOURCE. Volunteers and trainees are given the chance to increase their confidence and gain skills in a real workplace environment such as the shop, office, warehouse or delivery vans; and have also benefitted from access to various courses and formal qualifications accessed by the social enterprise.

The new programmes, which include practical work experience as well as informal classroom sessions and support, will help young people learn the skills to help them become more employable and face the future with greater confidence in themselves.

Participants are able to choose between two, 8 week, personal development programmes which will give them an opportunity to gain work experience, qualifications and practical skills.

The focus on a younger age group fits into the Government agenda to



ReZolve Introduce New Training Schemes for Young People, cont:

tackle youth unemployment and in particular the engagement of a group that have been termed "NEETs", or young people who are Not in Education or Employment. The issue is particularly prevalent in Bodmin which has been identified as having one of the highest youth unemployment rates in the UK.

Kerrina Peshkes, Trainer and Curriculum Co-ordinator at ReZolve said of the new scheme:

"We know that a placement at ReZolve can help someone find a job as we have seen it happen time and time again; so we are delighted that we will now be able to offer that opportunity to a younger age group." Kerrina added:

"The atmosphere at ReZolve is very friendly and supportive and the range of work placements that we can offer could really give young people a good idea of what they would like to do next, as well as the skills to be able to pursue that interest."

Participants of the programme could benefit from Level 1 & 2 employability qualifications from the National Open College Network, a choice of in-house short courses based around career choices or interests, bite sized work tasters, the opportunity to develop a CV, career portfolio and



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ReZolve Introduce New Training Schemes for Young People, cont:

gain a personal work reference; plus they could also get a £20 weekly support allowance as well as help with travel expenses or other costs.

Catherine Young, who came to ReZolve looking primarily for work experience to include on her CV said:

"Joining the programme has



given me lots more confidence. I have also learnt new skills and gained work experience but, most of all, I really enjoy it!'

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Kerrina on 01208 265934,

email training@rezolve.org. Uk

> or Text: WHAT NEXT to 07527141783.

A litle bit of fun

I have a little Satnav it sits there in my car, A Satnav is a driver's friend it tells you where you are.

I have a little Satnav, I've had it all my life. It's better than the normal ones, my Satnav is my wife.

It gives me full instructions, especially how to drive.
"It's thirty miles an hour", it says, "You're doing thirty five"

It tells me when to stop and start, and when to use the brake.

And tells me that it's never ever safe to overtake.

It tells me when a light is red, and when it goes to green. It seems to know instinctively, just when to intervene.

It lists the vehicles just in front and all those to the rear.

And taking this into account it specifies my gear.

I'm sure no other driver has so helpful a device. For when we leave and lock the car it still gives its advice.

It fills me up with counselling, each journey's pretty fraught. So why don't I exchange it and get a quieter sort?

Ah well, you see, it cleans the house, makes sure I'm properly fed, It washes all my shirts and things and - keeps me warm in bed!

Despite all these advantages and my tendency to scoff, I do wish that once in a while I could turn the damned thing off.



A387 between Widegates & Sandplace

Please be advised that Cormac Solutions Ltd have applied to Cornwall Council to close the above road to through traffic between 16/11/12 – 12/12/12. This road closure is necessary to provide a safe working environment for operatives whilst carrying out essential maintenance to the public highway and also for the safety of the travelling public.

It is expected that the works will take 15 working days however this could be extended by inclement weather or other factors outside of our control.

During the closure, access to residents and patrons of businesses affected will be maintained, although at times it will be necessary for vehicles to follow the diversion around the site as access will vary depending on the location of the surfacing machinery.

School buses will normally be allowed to proceed through the closure



Fax: 44 + (0) 01503 263444 Mobile: 07810 865 599

info@fishermanagement.co.uk www.fishermanagement.co.uk but they would be expected to contact us with their timings and would be expected to proceed with extra care as there could be operatives and plant in the carriageway. The actual closure dates will be displayed on site, a minimum of seven days in advance of the closure taking place.

The closure will be affected in two phases and the two phases will not be concurrent. Cormac Solutions apologises for any inconvenience these works may cause and will endeavour to minimise disruption.

For clarification or for any further information please contact Ron Lazarus tel 0300 1234 222

Good Ghost - A story by Kim

The school bell rang marking the end of the day. Martin did not usually mind being at school, but today was a special day, it was his 12th birthday and also Halloween. Picking up his rucksack he went to meet his friends Billy and Peter outside of the classroom. Peter asked Martin 'what are we doing to do?', Martin replied 'back to my house to change into our Halloween costumes and then going 'trick or treating' and then back to my house again for pizza and chips'. The three left school and headed to Martin's house.

As Martin opened the front door his Mum called out from the kitchen, 'Is that you Martin?, 'Yes Mum' he replied. He went into the kitchen and told his mum that they were going to get changed and then going out 'trick or treating'. His Mum said to him 'That's OK, but I don't want you going near Kingsway Close tonight, do you understand?', Martin replied 'OK Mum, but why? She did not reply, he really wanted to know why he could not go there today, when it was OK on any other day.

The three of them got changed quickly and were just leaving the house, when Martin's Mum called out to them and reminded them not to go near Kingsway Close. Martin did not reply he just closed the door. They had gone to other houses in the neighbouring streets and had been given lots of treats. As they neared Kingsway Close Billy said 'Lets go to Kingsway Close next, there are lots of houses there'. Peter agreed with Billy, but Martin said 'I can't, I promised Mum we would keep away from there'. Billy replied, 'If you don't tell her, we won't', Martin did not know what to do. He thought why not, if she wasn't told she would not find out, so Martin agreed.

They had been in Kingsway Close for about 10 minutes when they neared the large empty house that was supposed to haunted. Martin wondered if this was why his Mum did not want him to go there. When they got to the house, both Billy and Peter told Martin that he should go and knock on the door as it was his turn. Martin refused to go saying that he had promised his Mum they would keep away from the Close. But Billy and Peter just kept telling him that it was his turn and he should take no notice of his Mum, he gave in and walked up to the door. He knocked on the door several times, but there was no reply, Billy and Peter shouted to him to try and open the door. Trying the door handle he was surprised that it opened, reluctantly he stepped inside, what

Good Ghost, cont:

light there was came from the street lights. Martin called out to find out if anyone was there, to his surprise someone replied 'who is there?'. Looking across the hall he saw someone standing on the stairs, still shaking he replied 'hello, I'm Martin Dawes, I'm here with my friends 'trick or treating'. The figure on the stairs replied 'Hello, Martin, I'm Helen Masters, you are the only one who has come here tonight. I've got some sweets in the dish by the door but I don't know why nobody comes here anymore and I get lonely'. Martin told her 'People think the house is empty and haunted, but it can't be because you are here and you're not scary'. She then asked 'Do you know Sarah Dawes, I was at school with her'. Martin said 'Yes she is my Mum, I'm sorry I'd better go, my friends are waiting for me thank you for the sweets', he turned round picked up some sweets and left the house.

Both Billy and Peter were surprised that Martin had come back with some sweets, as they had been told that the house was empty and haunted. Martin replied 'No, I just saw one of my Mum's friends'. As that was the last to visit they left the Close and went back to Martin's house for tea.

After finishing their pizza and chips they began sharing out the sweets they had collected. Billy said 'They had done really well, especially from the old house in Kingsway Close'. Unfortunately, Martin's Mum heard what Billy had said. She asked Billy 'Which old house did you go to and who did you see?' He replied 'I'm sorry Mrs Dawes, we made Martin go and he went into the old haunted house. Martin saw someone there and got some sweets'. Mrs Dawes asked Martin 'Why did you go there, when I told you not to go there?' Before Martin could answer Peter said 'we made Martin go Mrs Dawes it was not his fault'. 'I'm sorry Mum' Martin replied 'but I did see a friend of yours, Helen Masters, she said you were at school together'. Martin looked at his Mum, she had turned very pale and upset, she sat down not saying anything.

After a few minutes she asked Martin 'Are you sure it was Helen Masters? 'Yes, Mum, she seemed very nice, but she said she was lonely as nobody goes to see her anymore', replied Martin 'What's wrong, is she a friend of yours?' Martin, Billy and Peter were waiting for a reply. Mrs Dawes said 'She was a friend of mine let me explain. Helen was my best friend, we went to the same schools and university, she

Good Ghost, cont:



also came to my wedding. Then one night as she was going home from work, she had a car accident and died later in hospital, the same hospital you were born in and on the same day. So what you saw today, was her ghost! I asked you not to go to Kingsway Close because she lived there with her parents, who died just after Helen did and the house has been empty since'. She continued 'I know Helen would not hurt you, as I had already asked her to be your Godmother. Also, I've seen her numerous times on your birthday, so I suppose in some way she is looking after you, but not in the way I wanted her to'.

You must remember that it is Halloween and ghosts may be around, but all ghosts are not bad ghosts. Good Haunting!!!

No Man's Land Memorial Hall News

Hall Diary

November 4th Jumble Sale, 2.30pm.

November 11th Remembrance Service, 6.30pm followed by a

light supper.

December 8th Christmas Fayre, 2.30pm. Various Stalls and a

visit from Father Christmas.

December 14th Christmas Bingo, doors open 7pm for 8pm start.

December 15th Carol Service, 6.30pm followed by Mince Pies

and cream.

Halloween Quiz Answers

- 1. October 31st
- 2. A Coven
- 3. Edvard Munch
- 4. Mexico
- 5. Anne Rice
- 6. Apples
- 7. Jack O'Lantern
- 8. Texas Chainsaw Massacre.

Children's Hospice Sale

Thank you to everyone who donated goods and for coming to support the sale on September 29th; we raised £470 and will be sending a cheque for £500 to the Children's Hospice SW Appeal.

Police and Crime Commissioners Elections 15th November 2012.

Don't forget to use your vote in these elections, they are important in a democracy and should be be taken seriously.

You have a vote for a reason - use it.

Having a bonfire?

Let us know!" urge Cornwall Fire and Rescue Service

Fire crews are being called out unnecessarily to respond to fires which are under control, such as bonfires, say <u>Cornwall Fire and Rescue Service</u>(CFRS).

Unaware that the gorse, heathland or bonfire has been deliberately lit and is under control, the Service's Fire Control act on 999 calls, sending firefighters to the scene. On arrival however, the crews find their services are not needed.

Since January this year, Cornwall's crews have attended almost 200 incidents where the fire was under control. As a result, CFRS is reminding residents of the importance of notifying them as part of <u>preparations</u> for a planned (or controlled) burn.

"We would always encourage members of the public to call 999 if they suspect a fire - if you see a fire in the countryside, report it," said Group Manager Mark Blatchford from Cornwall Fire and Rescue Service. "Our appeal is to those who are planning a controlled burn – all it takes is a phone call.

"By sending crews unnecessarily to the scene of controlled burning, we are potentially taking resources away from an emergency.

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Having a bonfire? cont:

"Once we are aware of a controlled burn, our highly trained 999 control room operators can judge how best to respond to an emergency call." With a controlled burn, it is illegal to leave the fire unattended or to have too few people to control it. Always ensure a fire is completely out before you leave it and check next day to ensure it has not reignited.

Top tips for planning a safe controlled burn:

- Inform Cornwall Fire and Rescue Service on 01872 320205 and give your location and expected time of burning.
- Locate the bonfire in an open area, away from any buildings, sheds or fences.
- Check the weather conditions, looking specifically at the direction and speed of the wind.
- Ensure before lighting the bonfire that no highly flammable materials will be involved such as gas canisters, paint tins, any form of chemicals and aerosols or plastics.
- Do not leave your bonfire unattended.
- Keep a bucket of water or garden hose near by for emergencies.
- Ensure that the remaining embers are fully extinguished before leaving alone.

con and all control to the control t	etting in touch	
General enquiries (and all services)		0300 1234 100
Children, schools and families		0300 1234 101
Libraries		0300 1234 111
Benefits		0300 1234 121
Adult care and support		0300 1234 131
Refuse and recycling		0300 1234 141
Planning		0300 1234 151
Housing		0300 1234 161
Council tax and business rates		0300 1234 171
Registration services		0300 1234 181
Trading standards		0300 1234 191
Environmental management		0300 1234 202
Environmental health & licensing		0300 1234 212
Roads, transport and parking		0300 1234 222

Get composting this autumn

Cornwall Council has reduced the price of its compost bins in a bid to encourage residents to get into the composting spirit.

In partnership with getcomposting.com, the Council is offering the bins from as little as £16 (RRP £39) plus£5.49 delivery.

Householders in Cornwall can buy compost bins from the Council, which are available in various sizes to suit individual needs.

"One of the best ways to reduce waste is to compost as much as possible at home yourself," said Councillor Steve Double, Cornwall Council portfolio holder for Environment, Waste Management and Shared Services. "A good compost bin or heap will convert all of your garden waste and a lot of your black bag waste into rich, useful compost. "The wet summer has encouraged plant growth and created an abundance of garden prunings, spent bedding plants and grass cuttings, which could all be recycled over the coming months to produce a nutrient rich free supply of compost."

Val Newbould from getcomposting.com said: "If you get it right, this autumn's waste will provide a free supply of nutritious soil conditioner that will enrich your spring planting, producing an abundance of flowers, fruit and vegetables next year.

"It's important to have a good mixture of materials if you want to make a good quality compost. As well as green garden waste, you can compost fruit and vegetable peelings, egg shells, tea bags, pet hair, and even shredded paper. Try to aim for a 50/50 mix of 'greens' (vegetable peelings, old flowers, grass cuttings, spent bedding plants) and 'browns' (garden prunings, coffee grounds, tissues and paper napkins, cardboard, vacuum cleaner dust)."

Compost bins are available as a 220 litre for £16.00 and a 330 litre for £19.00. Visit the getcomposting Cornwall website for more information.



Halloween Quiz

www.quiz-zone.co.uk

- 1. On which date does Halloween fall?
- 2. What is the name given to a group of witches?
- 3. The mask in the film "Scream", which became a popular costume for dressing up in at Halloween, was based on a painting by which artist?
- 4. Which country celebrates "the day of the dead" instead of Halloween, which includes the tradition of passing a live person in a coffin through streets?
- 5. Who wrote the novel "The Witching Hour"?
- 6. What would you traditionally "bob" for at a Halloween party?
- 7. Originating from a story about an Irish blacksmith, "you ran into the Devil in a pub", what name is given to a pumpkin if it has a face carved into it and is illuminated by a candle?
- 8. With which horror film would you associate the character of Leatherface?

 Answers on page 19

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