St Martin-by-Looe Menus



Spring 2023

Published and funded by St Martin-by-Looe Parish Council. Delivered FREE throughout the Parish.

stmartinpc1@btinternet.com



www.stmartinbylooepc.org.uk

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Advertisements

If you would like to include an advertisement in the next edition please contact The Clerk, Charles Hyde on 01579 340905 or by email stmartinpc1@btinternet.com. Costs: £20 for a full page, £10 for a ½ page, £5 for 1/3 page: Contract discounts are available. The magazine is printed quarterly and has a circulation of 350 printed copies delivered throughout the Parish and is also available online on our website and Facebook page.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

Statutory Disclaimer

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Parish Council Update



Welcome to the Spring Edition

It's cold but dry, the daffodils are out and signs of spring lift our spirits. Another year of royal celebrations, our Kings Coronation will be another reason for a party and to celebrate, the Parish Council is once again presenting special Bone China Mugs to all the children up to the age of 16 in the parish of St Martin by Looe, see page 7 for details. Inside is some great articles and a tasty Easter Cake to bake. The next edition is due mid June, deadline May $31^{\rm st}$.

Planning Applications

Application for Lawful Development Certificate for an Existing useresidential use at 95 Hillside Villas, Millendreath. Application for the Erection of 1 cabin comprising of new facilities for Scoops at Looe Bay Holiday Park. Application for the Creation of 26 high end lodges with 5 existing static caravan plots remaining, with associated landscape enhancements and parking at Looe Country Park Caravan and Campsite, Bucklawren Road, No Mans' Land. Application for amendments to Kilmartin, Millendreath, has been resubmitted.





Parish Council Update



Hopefully exceptionally GOOD NEWS

The Parish Council with your help have successfully submitted a application to have the speed limit and road improvements looked at again at No Man's Land. The scheme has now been included in the Community Network Panel highways projects. It is proposed to lower the limit to 40mph and provide junction and gateway improvements. No Date has been given but the Parish Council have used this process before and the three schemes submitted have been or are in the process of being completed.

2023/2024 Precept

The precept was discussed at the December Meeting. The proposed Precept of £11.980 was accepted; this represents a 4% reduction in the Parish Council portion of the Council Tax bill.

Parish Council Monthly Meetings

They take place at the Memorial Hall, No Man's Land at 7.30pm on the first Thursday of each month, but this may vary, so please check our noticeboards, social media or website for dates. Requests to speak during Public Participation need to be made to the Clerk 48 hours in advance by email: **stmartinpc1@btinternet.com** or text 07763 364809.







Jessica Tamblyn-Hayward Qualified Pet Groomer Bray Farm Bindown Nomansland, Near Looe



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Time to get Walking again.

With Spring on its way we start to think about getting out to walk in the beautiful English Countryside again, but where to find new and interesting walks?

Walking in Cornwall https://www.walkinginengland.co.uk/cornwall has loads of walks to download and print, free, it also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John Harris (who maintains the website) said 'There is so much walking information on the web but it is difficult to find. Walking in Cornwall (part of the Walking in England website) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

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No Man's Land Hall News

Monthly Produce Market

First Saturday of each month 9.30am - 12.30pm.

Fresh local produce, crafts and so much more. Come and support our local producers

As the Kings Coronation is to take place on the first Saturday in May we have decided to **hold the market on the second Saturday in May 14**th and we are going to be raising funds for Mount Edgcumbe Hospice in memory of the sister of Mrs. Barbara Reynolds who is a Parish Rep on our committee.

As well as all our usual stalls of meat, bread ,vegetables, cakes, fish, rum,and our lovely crafters.

We will be running a raffle with some super prizes and all the profits from it will go to the charity along with a kind donation of the profits from the hall takings

The Xmas Light Up Committee have decided to donate their profits from the cakes to this wonderful cause as well.

Please come and support this event, as the work they do and facility's they provide is much appreciated by the patients.

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Hall News & FREE Coronation Mugs

For the Children of the Parish only.

Free Coronation Mugs for Children of the Parish

The Parish Council presented all the children of the Parish who applied with a Platinum Jubilee Mug last year, once again we are doing the same for the Kings Coronation. If your child registered for a Jubilee Mug you do not need to reapply, one has been allocated for you. If you did not apply you can by contacting the Parish Clerk by Texting 07763 364809 by 15th April.

The Fine Bone China Mugs have been manufactured in Cornwall by Chown China. The Mugs can be collected from the Children's Party at No Man's Land Hall on 7th May. (see below)

The No Man's Land Hall Committee will be celebrating the King's Coronation with a free children's party on the afternoon of Sunday 7th May followed by a free concert in the evening by The Burraton Boys to include a faith supper and a raffle.

PRESENTED BY
ST MARTIN BY LOOE
PARISH COUNCIL
TO CELEBRATE
THE CORONATION
OF
KING CHARLES III
6TH MAY 2023

Summer Flower Show on Saturday 5th August. Schedules from Mrs. R Powley on 01503 240650 for more information.

Annual General Meeting will be 2nd May after a committee meeting at 7pm. All very welcome. Please support your local Hall.

Regular Events

Disco Exercise - Every Monday Evening 6.30pm. **Stretch and Tone -** Every Tuesday, 10am.

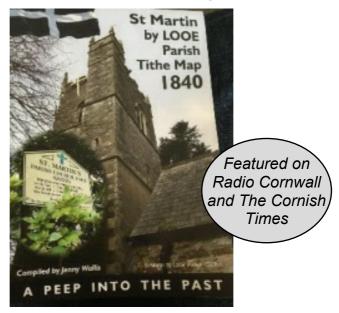
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St Martin by Looe Parish Tithe Map 1840

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The Joys of Spring

By Dave Keeble

As much as I love the Autumn/Winter season and all the beautiful colours it brings, it is always a relief when the clearing of leaves is over and we start to see the Spring flowers such as Snowdrops and Daffodils appear. Although I did have company as whenever I started to rake leaves from grass areas, out of nowhere, a robin would appear and quickly remove the exposed insects and worms. Whether the bird was the same one every time I cannot say, but as the days went by it seemed so friendly that I am sure that it would have fed from my hand. Robins are very territorial and protect their patch fiercely, however while doing my annual RSPB Big Garden Birdwatch there were four birds using the feeders without too much squabbling.

My hour spent doing the count started at 08.30 on Saturday 28th January – going from window to window not wanting to miss any visitors to the garden. I always get so engrossed that the time just flies (no pun intended).

The final count came to sixteen different species in the hour – nothing spectacular to report but it is good to note that most of my regulars came for their daily feed. One bird that I unfortunately could not include, even though it regularly visits our garden, is the Green Woodpecker as he did not appear during that time – it is

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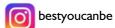
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Angela Cornwall



The Joys of Spring

By Dave Keeble

always lovely to see it feeding on the lawn, looking for ants. It is a very shy bird and takes flight when disturbed.

Some other visitors to the garden that have returned after several months are Rabbits – not every gardeners friend but most welcome in mine. The gap in time is due to the latest round of Myxomatosis – the local population takes a while to return to

to original numbers after an outbreak.

Another disease that has been in the news of late is Avian Flu – the latest reports relating to this are the fact that unfortunately foxes and badgers in the West Country have been found to have contracted the virus. It is not believed that the animals can pass it to others in their group but it is



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The Joys of Spring

By Dave Keeble

still disturbing - most likely infection occurs whilst scavenging for food.

On a far happier note, I was delighted to hear that a Barn Owl had been spotted on my son-in-laws farm locally. The Owl was seen while quartering pastures very close to the buildings. Even better news was when my grandson sent me an image that he had taken while removing straw from one of their storage barns – the bird can just be made out perching on a roof beam, (see photo on previous page), not a brilliant photo but in the circumstances I must congratulate the photographer.

David Keeble



The Parish Council is planting a **Memorial Tree for the late Queen Elizabeth II.**

See the Summer edition of the Parish Magazine to see where the tree is located.

The tree is a silver birch and has been kindly donated to the parish by Tregoad Holiday Park.



History Snippet - Lady Lucy's Legacy

By Jenny Wallis

Eight hundred years ago **Lucy Russell**, lady of **Pendrym**, signed a charter to create the new **Borough of Looe** to future-proof the town against the rising tide. Inside the boundary of the town there were streets with houses designed for work-life balance a market and **burgess plots** where townsfolk had, by right, an opportunity to grow crops. There was a south-facing hillside in **Shutta** and a north-facing cliff off the **Wooldown** where the division of the plots can still be traced today. - a lasting legacy.

The sunny **Shutta** plots were prime real estate. The **Looe** 'gardens' were up **Cripples Lane**. I'm sure this was originally **Cheples Lane**. - an ironic reference to the cheap land, barely suitable for cultivation. Lucy was not giving too much away! South of the town between the **crumbling cliff** and the **weir** Lucy was granted permission from **Launceston Priory** to found a private chapel on a quarter-acre site to pray for the souls of her ancestors. The site still has a chapel, (now residential) but **Lucy's pedigree**

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History Snippet - Lady Lucy's Legacy

By Jenny Wallis

is very sketchy.

She had a husband called **Roger Russell** and a son called **Henry de Bodrugan**. In 1300 surnames were not set in stone, so Henry may have come from **Bodrugan** (near Mevagissey) and was a **Russell** (with red hair). Or **Roger** was **Lucy's** second husband. They may have lived in **Pendrym**, at the end of the ridge above **Millendreath Valley** where the **Royal Road** to **Bucklawren** features in the **Priory** records.

In **C17th** a **John Russell** followed by his **son Edward** (gent) leased a property at **Windsor** near **Penvith** (now gone). A kinsman was Mayor of **Liskeard**. Were they of Lucy's line?

Russell genealogy makes grim reading, heads rolling in all directions. Then in **Kingston Russell** in Dorset I found a bit of interest. The **Russells** came over with **William the Conquerer**. They were **Marshalls** of the **King's Buttery** in charge of supplying barrels.

Here, out in Lucy's drowned homeland, **Sherbetery Rocks** mark the **Land of Bodfus**, the **barrel factory!** Coincidence or connection?







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LENT & EASTER 2023

ASH WEDNESDAY, 22nd February

Ashing Service, St. Wenna, Morval, 7 p.m.

Tuesdays from 28th February

LENT COURSE, St. Martin's Hall, 7 p.m.

PALM SUNDAY, 2nd April

Holy Communion, St. Martin's, 11 a.m.

"The Path", a Musical Meditation, St. Wenna, 3 p.m. "Elevate" Praise, St. Martin's Hall, 7 p.m.



MAUNDY THURSDAY, 6th April

Vigil, St. Cuby, Duloe, 6.30 p.m.

Tenebrae Service, Riverside, West Looe, 7 p.m.



Holy Communion, All Saints, Herodsfoot, 10 a.m. Good Friday Meditation, St. Nicholas, West Looe, 10 a.m. ECUMENICAL WALK OF WITNESS, from West Looe, noon

The Last Hour, St. Wenna, 2 p.m.



St. Cuby, Duloe, 9.30 a.m.

St. Martin's, Looe, 11 a.m.

St. Wenna, Morval, 11 a.m.



Easter Simnel Cake

www.bbcgoodfood.com

Ingredients

250g mixed dried fruit (a mixture of sultanas, currants, raisins and candied mixed peel) 1 orange, zested and juiced 500g pack marzipan 250g pack butter, softened 200g light brown soft sugar 4 eggs, plus 1 beaten to glaze 175g plain flour 100g ground almonds 1 tsp baking powder 1 lemon, zested 2 tsp mixed spice 1 tsp vanilla extract 100g glacé cherries, halved 3 tbsp apricot jam

Bake this classic Easter simnel cake. Top with 11 balls of marzipan – said to represent 11 of Jesus's disciples, leaving off Judas – or with spring flowers

Method

STEP 1. Put the mixed dried fruit in a bowl with the orange juice and zest and 2 tbsp water. Cover and microwave for 2 mins, then leave to cool completely. Alternatively, heat gently in a pan, stirring now and then until the liquid has been absorbed and leave to cool.

STEP 2. Heat oven to 150C/130C fan/gas 2. Roll out a third of the marzipan and use the base of a

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Easter Simnel Cake

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deep 20cm cake tin as a template to cut out a circle. Wrap any offcuts and the remaining two-thirds of marzipan and set aside for later. Butter and line the cake tin with a double layer of parchment. Beat the butter and sugar together until creamy. Add the eggs, flour, almonds, baking powder, lemon zest, mixed spice and vanilla (all in one go) and mix until well combined. Mix in the cooled soaked dried fruit and fold in the cherries.

STEP 3. Scrape half the cake mixture into the tin. Top with the disc of marzipan, then the remaining cake mixture, and level the top with a spatula. Bake for 2 hrs. Check it's cooked by inserting a skewer to the centre of the cake, if any wet mixture clings to the skewer, return to the oven

for another 10 mins, then check again. Cool in the tin for 15 mins, then turn out onto a wire rack and leave to cool completely.

STEP 4. Brush the top of the cake with apricot jam. Roll out half of the remaining marzipan and use the base of the cake as a template to cut out another disc. Place it on top of the cake and crimp the edges, if you like. Roll the remaining marzipan into 11 equal-sized balls for the apostles. Brush the marzipan with beaten egg and arrange the apostles in a circle on top around the outside, and brush them with a little egg too. Put under a hot grill for a minute or two until just starting to caramelise - be very careful as the marzipan will burn easily. Leave to cool.



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Urgent Appeal For Volunteers

Community Speed Watch urgently needs volunteers in our area.

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All CSW volunteers will undergo full training from the Speed Watch co-ordinator and will be provided with reflective jackets, signs, stationary and a speed detection device (depending on location and availability). They will be supported by a police officer (PVP support manager) and covered by the force liability insurance.

It is not expected that PVP Volunteers will work a minimum or a set number of hours, we appreciate any time that can be given to the scheme. A few PVP volunteers are given additional training and responsibility in the police station, to administer the process that produces the warning letters. If you can help please contact the Parish Clerk by email stmartinpc1@btinternet.com or text 07763 364809.

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Wild Futures News



With 2023 well underway, we have some exciting things already lining up for this year and we are hopeful that this will be a successful year for our charity. We have already had our first opening week of the year for February half term. It was wonderful to have visitors back on site and to continue our educational work. Thank you to



Repair Café

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to everyone who visited, we won't be open again now until the April 1st.

We are also delighted to announce that we are doing another matched funding campaign this March via The Big Give. With huge thanks to the Olsen Animal Trust and Freedom for Animals. we have an incredible £15,000 of matched funding. This means that in just two weeks we could raise possible £30,000 for Save the Our Sanctuary appeal!

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Information from Cornwall Council to celebrate

King Charles III Coronation



His Majesty King Charles III's Coronation

The Coronation ceremony for His Majesty King Charles III will take place on Saturday 6 May 2023 at Westminster Abbey.

The Coronation will see people across Cornwall, the UK and the Commonwealth come together to celebrate. The Coronation programme will include the procession and service at Westminster Abbey on 6 May, the Coronation Big Lunch across the country on 7 May (with a concert taking place in Windsor in the evening), and The Big Help Out community activity on the bank holiday, Monday 8 May.

The Cornwall Civic Service

The Cornwall Civic Service will be held at Truro Cathedral on Sunday 7 May in the late afternoon. More details will follow in due course.

The Coronation Big Lunch

The Coronation Big Lunch, on 7 May, will encourage communities to come together, celebrate their connections and get to know each other better. It will bring the Coronation festivities into the heart of every community. More detail on getting involved is available on the Coronation Big Lunch website.

The Big Help Out

The Big Help Out, on 8 May, will provide an opportunity to reflect on the legacy of His Majesty's service and showcase the impact of volunteering within communities. People across the UK will be able to get involved and more detail is available on The Big Help Out website.

Organising an event

There's information about organising large and small events, including street parties, on Cornwall Council's website.

If you wish to invite the Cornwall Lieutenancy to attend your event, please email lieutenancy@cornwall.gov.uk.

Useful Telephone Numbers

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