

St Martin-by-Looe



News



Cornish Hedgerows, by Paul Matthews , see page 25

Summer 2026

Published and funded by
St Martin by Looe Parish Council.

*Delivered FREE throughout the Parish and
published in colour online.*



clerk@stmartinbylooe-pc.gov.uk

www.stmartinbylooe-pc.gov.uk

St Martin By Looe Parish Councillors Contact Numbers.



Chair Robert Henly 01503 240336

Vice Chair Roberta Powley 01503 240650

Parish Councillors

Barbara Reynolds 01503 240520

David Keeble 07936 101672

Paul Matthews 07355 136592

Simon Lawes 07399 605069

Louise Western 07789 558191

Parish Clerk & Magazine Editor Charles Hyde 07763 364809

clerk@stmartinbylooe-pc.gov.uk

County Councillor Mark Gibbons 07342 530644

Cllr.mark.gibbons@cornwall.gov.uk

Advertising

If you would like to include an advertisement in the next edition please contact The Clerk, Charles Hyde on 07763 364809 or by email clerk@stmartinbylooe-pc.org.uk Costs: £20 for a full page, £10 for a ½ page, £5 for 1/3 page: Contract discounts are available. The magazine is printed quarterly and has a circulation of 350 printed copies delivered throughout the Parish and is also available online on our website and Facebook page.

Contributions

We always welcome contributions from people living in the Parish. If you would like to air your views on a particular subject or have a photograph or piece of artwork for the front cover please get in touch with The Clerk.

Statutory Disclaimer

All articles and advertisements are published in good faith, St Martin By Looe Parish Council cannot check all details in the articles and any views expressed may not necessarily reflect those of the Parish Council. Neither can we be held responsible for the actions of any advertisers now or in the future.

All images submitted MUST BE FREE OF COPYRIGHT, we cannot be held responsible for copyright breaches and any fines will be passed on.



Parish Council Update



Welcome to the Summer 2026 edition.

And what a bumper issue this is 28 pages, our biggest yet, so many great articles to read, I hope you enjoy. I have volunteered to produce this magazine now for 18 years and it has grown to be a highly successful popular magazine, but the time is coming to hand over the baton to someone new, it's a rewarding job, knowing how much it means to the parish and beyond and revenues raised have helped many community projects, so I'm looking for a willing volunteer to take over, it would be such a shame for this magazine to fold, so if you can help please please get in touch Charles Hyde 07763 364809.

Planning Applications

Applications received: For the formation of new vehicular access from Bucklawren Road. Location: House at Looe Country Park. Bucklawren Road, No Man's Land. Also received: amendments to the previously submitted application for the redevelopment of Millendreath Holiday Village, Millendreath.



Group Travel

Day Trips & Coach Holidays

Enterprise Park, Midway Road, Bodmin, Cornwall PL31 2FQ Tel: 01208 77989

Coach Excursions & Tours 2026

11th June	Saltram House & Tamar View Nurseries
23rd June	Buckfastleigh, Butterflies & Otters
6th July	River Fal Cruise & Falmouth
16th July	Forde Abbey and Gardens
4th August	Paignton, Kingswear, Dartmouth & Totnes
15th August	RHS Rosemoor Garden Flower Show
4th-6th Sept	Burghley Horse Trials
21st-25th Sept	Autumn Tour - Oxford & The Cotswolds
14th October	Tavistock Goose Fair
20th October	Seaton Tramway and Sidmouth
7th November	Bridgwater Guy Fawkes Carnival

Visit our website for all our excursions & tours.

Call: 01208 77989 for bookings and brochure
website: www.grouptravelcoachhire.co.uk
email: grouptravelcornwall@gmail.com

Bodmin MOT Centre

01208 77989

Garage Services
MOT Testing Station
Classes 4, 5 & 7
Servicing & Repairs
High Vehicles & Motorhomes
Brake Test & Headlight Alignment
Pre MOT Inspections
Annual & Interim Vehicle Servicing
~
Commercial interim inspections available
including brakes and lights
~
Helping you stay compliant

Bodmin MOT Centre
Enterprise Park, Midway Road,
Bodmin, Cornwall PL31 2FQ



Parish Council Update



Parish Council Annual Audit

The Parish Council Financial audit has been submitted to the external auditor for inspection. All financial documents for the last financial year are now available to view on our website.

Millendreath Residents Parking Scheme

The planning application for the redevelopment of the holiday village has been passed, so now is the time to submit an application for a residents parking scheme, we have had confirmation from the developers that they will make a financial contribution. The Parish Council and our County Councillor will now start working with Cornwall Council it try to get this scheme implemented.

Donations

The Parish Council agreed to a £100 donation towards new football goals at Trenode School, this was made up from £87 from the parish magazine profits and £13 from Council funds.

The Parish Annual Meeting & Annual Parish Council Meetings

They took place on April 9th and May 7th, minutes for both meeting are on our website together with The Chairmans Annual Report. During the May Meeting Robert Henly was once again nominated as Chair and Roberta Powley as Vice Chair, both accepted their rolls.

Looe Locksmiths

Call 07739124163

www.looelocksmiths.com

**Your Local Mobile Locksmith based in
Looe**



Key Cutting

Lock Replacement

Lock Opening

Vehicle Opening

Broken Key Extraction

UPVC/Composite Door Adjustment



Parish Council Update



Please note new Website Address stmartinbylooe-pc.gov.uk

Parish Council Monthly Meetings

They take place at the Memorial Hall, No Man's Land at 7.30pm on the first Thursday of each month, but this may vary, so please check our noticeboards, social media or website for dates.

Requests to speak during Public Participation need to be made to the Clerk, 48 hours in advance by email: clerk@stmartinbylooe.org.uk.

Looe Banking Hub

Inside the Old Lloyds Bank Building in Fore St , East Looe.

Opening Hours/Bank

Monday - **Natwest** 9am to 5pm

Tuesday - **Barclays** 9am to 5pm

Wednesday - **Lloyd's** 10am to 3pm

Thursday - **HSBC** 9am to 1pm

Thursday - **Santander** 1pm to 5pm

You can obtain cash and pay money in any day. Any specific questions for your bank you'll need to speak to their advisor on the appropriate day and time.

PIANO & KEYBOARD TUITION IN LOOE

**Lessons to suit all ages.
You are never too young or
old to learn.
All styles including
Classical, Pop, Rock &
Blues.**



Contact Samantha on: 07977166572

Email: Samantha.meades@ntlworld.com

www.pianokeyboardlessonslooe.co.uk

SCOTT PARRY

- ASSOCIATES -

SELLING HOMES THAT FULFIL YOUR LIFESTYLE

COASTAL SOUTH EAST CORNWALL IS AN OFTEN OVERLOOKED PART OF THE CORNISH RIVIERA, KNOWN TO SOME AS "THE FORGOTTEN CORNER". COME AND DISCOVER YOUR FAVOURITE PART OF OUR WONDERFULLY IDYLIC COASTLINE.

From the rugged and romantic moorland of Bodmin Moor and the verdant valleys of the Rivers Tamar and Fowey to the beautiful coastline of the Cornish Riviera, our experience and depth of knowledge provides clients and buyers alike with an estate agency experience which breaks with tradition, we provide candid opinion and fresh-faced enthusiasm for our property stock and our location.

www.scottparry.co.uk

01752 858314

sales@scottparry.co.uk

[@scott parry associates](https://www.instagram.com/scottparryassociates)

Flower/ Produce Show Trophies.

Urgent appeal for them to be returned.

No Man's Land hall flower show are missing some cups, they have obviously been won over the last couple of years and for whatever reason not been returned the following year. Now we understand life is busy and people may have forgotten they have them, or some other reason, but the reason I am writing this is because many of the cups from the show were donated by families often in memory of loved ones, particularly the Reynolds cup which was for children's photography, the Reynolds family were heavily involved in the hall from day one and this cup means a great deal to those of us that are left, and sadly it is one of the cups that is missing and I would like to plead with you if you or someone from your family has this cup and others, can I

ask you to please return it to the hall, no questions asked. It means a great deal to me, not least that it was for children's photography a subject close to my late husband's heart, but also because of all the memories of the family being involved in the hall over many, many years, so please if you have these cups return them to the hall.

***Thank you,
Barbara Reynolds.***



POLRUAN PUPS DOG WALKING & PET SITTING

Need help keeping your furry friend(s) active and happy? Let me help!

**DOG WALKING / FEEDING VISITS
HOME CHECK-IN / COMPANIONSHIP
CAT SITTING / PICK UP & DROP OFF**

Contact us today to discuss your requirements and give your furry friend(s) the attention they deserve!



Contact Emma on
07442037662

No Man's Land Hall News

Our Hall continues to be busy with events and bookings. There is a new discussion group in the Hall called Garden Matters which is a friendly informal group set up to discuss all things related to gardening. If you are interested please contact Mrs R. Powley 01503 240650. All welcome. The recent quiz night was great fun and the Jumble sales are really popular. Please contact a member of the Committee if you have any goods you wish to donate, unfortunately we cannot accept anything electrical. Please DO NOT leave donated goods outside the Hall doors. The Hall was decorated for the Easter Produce Market with special thanks to Mrs Heather Dixon for making the lovely bunting. The monthly markets are always well attended, lots of cakes, fruit and veg, meat from local butchers, crafts, and other home made goods. Come and have a cuppa and cake while you're here. Our Annual Flower and Produce Show is also very well supported with lots of classes and exhibits. We are still missing some trophies, some of which were donated by passed family members. They are very dear to us and we would so appreciate their return. If you have one or know of someone that has one, please, please, contact a member of the committee. In future, if you win a cup or trophy we will charge a £10 deposit, refundable on its return. (Also see PAGE 7).

Monthly Produce Markets take place on 1st Saturday every month from 9.30am.

NO MAN'S LAND VILLAGE HALL **HIRE THIS HALL**

GROUPS 'PARTIES' CLUBS ETC
GOOD SIZE HALL WITH KITCHEN
& TOILET FACILITIES

A STAGE, BILLIARD/SNOOKER ROOM
WITH A DARTBOARD

REASONABLE RATES

CONTACT MRS R. POWLEY 01503 240650

No Man's Land Hall Events

The Hall Car park — is private and parking is only permitted by purchasing a permit—please contact a committee member for details.

Dates for your diary.

Annual Flower and Produce Show Saturday 1st August 2.30pm

Car Park closed 9am Friday 25th until 9am Sat 26th September

Barnsley School of Music have provisionally booked the Hall from 18th to the 26th July

Harvest Festival

Sat 17th October
2.30pm followed by a Faith Tea and an auction

Jumble Sale

Saturday 24th October
2.30pm.

Remembrance

Sunday Service
8th November
2.30pm followed by a Faith Tea.

Christmas Fayre

Sat 21st November
2.30pm

Christmas Bingo

Fri 11th December
Doors open 7pm - eyes down 8pm.

Disco in the dark for charity Monday nights from 6.30pm

All welcome.

SING ROCK

FUN, FRIENDLY & WELCOMING

BE PART OF SOMETHING AMAZING!

JOIN OUR WEEKLY SINGING GROUP IN LOOE AND LISKEARD

COME ALONG & HAVE FUN SINGING POPULAR SONGS

Everybody Welcome

No Singing Experience Required

- ✓ FUN & FRIENDLY
- ✓ WEEKLY SESSIONS
- ✓ NO AUDITIONS JUST SING!
- ✓ PERFORM & CONNECT
- ✓ BOOST YOUR MOOD

Accompanied by **LIVE MUSIC**

- ✓ POPULAR SONGS FROM ALL GENRES
- ✓ GREAT PEOPLE & GOOD VIBES
- ✓ MAKE NEW FRIENDS
- ✓ SING, SMILE & ENJOY

FREE FIRST TASTER SESSION
Visit www.singrock.co.uk to BOOK your place

Contact Samantha
07977 166572

Email
info@singrock.co.uk

SING ROCK

Great Trethew Manor Hotel & Restaurant with Riding School



OPEN FOR

- Sunday Carvery
- Hotel & Holiday Lodges
- Restaurant & Bar
- Christmas Parties
- Private Parties & Functions
- Birthdays, Weddings
- OPEN TO NON RESIDENTS
- Riding School
- Alternative Provision
- Lessons/Woodland Hacks
- Weekend Pony Club
- Equine Therapy



HOTEL
01503 261181

RIDING
07714 099127

Hotel: greattrethewmanorhotel@outlook.com

Stables: greattrethewtrekking@gmail.com

NOW TAKING EXPRESSIONS of Interest

ALTERNATIVE PROVISION

SEPTEMBER 2026 INTAKE

Learning beyond the classroom

A fully outdoor, equine-based Alternative Provision for young people who thrive outside traditional education.

RIDING IS OPTIONAL

Students choose whether to ride.



★ WHY WE'RE DIFFERENT:

-  Riding is optional – students choose whether to ride
-  We work at each young person's pace
-  Focus on trust, confidence, and engagement
-  Ideal for those with anxiety or low confidence
-  Learn through horse care, routine, and practical activities

🐾 WHAT WE OFFER:

-  Hands-on experience with horses
-  Fully outdoor learning environment
-  Small groups and individual support
-  Focus on wellbeing, confidence, and life skills
-  Structured, routine-based activities

🌱 SUITABLE FOR YOUNG PEOPLE WHO:

- Find mainstream education challenging
- Benefit from outdoor, active learning
- Need support with engagement and confidence
- Thrive with structure, responsibility, and routine

LAMBS & CHICKS AT CERTAIN TIMES OF THE YEAR



OUR PROVISION:



Ofsted registered



Approved Alternative Provision through Cornwall Council



Working closely with EOTAS, local schools, and colleges



SEPTEMBER 2026 INTAKE

Limited spaces available!





We are now welcoming expressions of interest from:


Schools • SENCOs • EOTAS • Parents & Carers



Get in touch to find out more

 greattrethewtrekking@gmail.com

 07714 099127

 Great Trethew Trekking Alternative Education
Horningtops, Liskeard, Cornwall, PL14 3PY

Building confidence through connection with horses

Key to Unlocking Our Past

History Snippet by Jenny Wallis

Our parish is blessed with written records! We can read about the lives of past parishioners. - and trace families back through the ages. So Snippet is listing its sources so that you too can dip into Domesday and find your Cornish roots!

The Cartulary of Launceston Priory is a translation of all the Priory's deliberations from 1086. Bucklawren and Bodigga feature with Osbert deTreveria, Roger Knight and the Land of Bodfus. Excellent index! I go back to William le Wallyes!

Parliamentary Survey of the Duchy of Cornwall 1650

Henry VIII abolished the Priory and gave its lands to the Duchy. Trelowia was included. All the land was leased in subsistence parcels on three-life leases. Names could be added so farming families had a lasting presence in the parish. Names can be traced from the Cartulary to today. - Hill, Welshman, Chubb, Hooper. Manor customs are included, waifs, strays and heriots. There is a mention of the old East Looe, now beyond the shore, owned by Messrs. Pope and Hicks.

On-line Parish Clerks is a new device that is just BRILLIANT. When Snippet started I was going to Liskeard Library where All About Cornwall room had brilliant books. But now I can go to this web site where every parish in Cornwall displays its history. There are wills, coroners' reports, census details and access to old Victorian gazetteers. It should have a health warning as it invites doom-scrolling!



Robert bray

Window cleaner

Gutters cleaned

Looe and surrounding areas

Tel. 07515431342

robertbray2471@gmail.com

Domestic and Commercial

Key to Unlocking Our Past

History Snippet by Jenny Wallis

Thomas Bond's **Topographical and Historical sketches of the Boroughs of East and West Looe 1820** is available on Google Books. The index is minimal so its best to read it all! I love the account of Bucklawren struck by lightning and the Screech tidal surge that stalked the old settlement.

Godfrey Gill's **Meeting House on the Hill** and **Cornish Pipe Dreams** are an invaluable record of Looe Quakers, Freemasons, militia and tobacco smoking. He also published his Aunt **Peggy Wray's Plaidy War Diary** when bombs fell in 1940.

Also on my bookshelf:-

Place Names in Cornwall and Scilly
Craig Weatherhill
Cornish Names

T.F.G.Dexter

Cornish Dictionary

Dr Ken George

Dictionary of English Field Names

Paul Cavill

Domesday. Hearth Tax, Muster Rolls, Electors lists. Glebe Terriers

(Church property!) and the Tithe Map register 1840

tell of past parishioners.

I love the Loo Rolls!

The Tithe Map was

made by Simon Hill

of Treveria and I

have just traced his

family name, via

Morval, to Launces-

ton Priory 1076 and

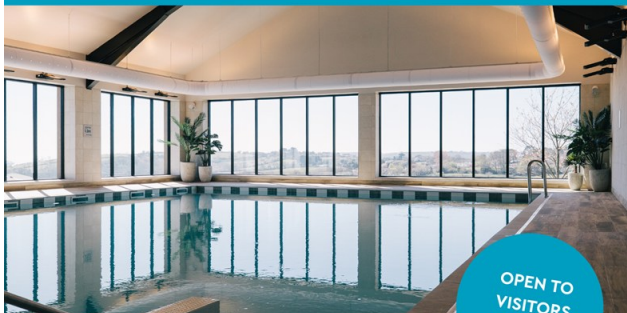
a manor called La

Hille! He was Cor-

nish! Are you?

Welcome to THE BARN

INDOOR POOL, SAUNA & STEAM ROOM



OPEN TO VISITORS AND LOCALS

Spa-Style Relaxation
at Tregoad Holiday Park near Looe

With breathtaking views of Looe Island and Millendreath Valley, our luxury indoor pool, sauna and steam room provides a perfect day retreat for the whole family.



St Martin, Looe, PL13 1PB

Tregoad
HOLIDAY PARK

Call 01503 262718 to book

Open 7 days a week.

Spirit of Kilminorth

By Jago and The Wych from Looe — Review by C Hyde



As a lover of a great folk group, I can highly recommend this album from Jago and the Wych who are a two-piece band based in Looe, made up of Jago and Kelyn Trewartha, brother and sister. The pair share a love of the stories, folk lore, land and seascapes that defined growing up in a small harbour town.

Spirit of Kilminorth explores the landscape and sights of Looe, with many references throughout the songs to local landmarks. The bridge, Guild Hall, Banjo

Pier, medieval backstreets all feature on the debut album, *Spirit of Kilminorth*.

“I’m particularly fond of the woods” says Kelyn, “They called to me at a young age, I spent many hours in those woods and never felt alone”.

“*Spirit of Kilminorth* is a musical exploration of the life and death of Eliza Trewithian, the so-called ‘wood witch’ of Kilminorth woods” continues Jago, “It’s a place that’s seen some troubled times, that’s for sure. So, we kind of wanted to bring those stories to life, you know, give them a reevaluation”.

The debut album is available digitally, and on Audio CD,



Tregoad Holiday Park are delighted to be a part of the local community here in Looe and we welcome you to enjoy everything our brand new restaurant has to offer.

Our talented kitchen team will prepare a daily menu of family favourites and local specialties.

Relax with a coffee and snack to while away the morning.

Free childrens outdoor play area, adjacent to our new terrace bar.



PAINTING AND DECORATING



BOWEN'S BRUSH AND BEYOND

07467930408

**BOWENSBUSHANDBEYOND
.CO.UK**

THE CORNISH HOMESTEAD

Hand crafted soaps, salves, balms, lotions
and more!

Telephone: 07503 072894

www.cornishhomestead.com

Facebook: cornishhomestead

More Stories

by David Keeble

If you are like me then you love to see wild birds in your garden, whether you have a large area or just a small plot, birds can be attracted with the right items. The obvious thing on the list is food, followed by water, then, if you have a suitable site you can have a wild area for wild plants to grow thereby giving birds a different seed option. I have been doing all these things, and more, for many years but now everything has changed. The RSPB, the Royal Society for the Protection of Birds, has issued warnings regarding how we feed our birds. The decrease of some species, the Green Finch and Chaffinch in particular, are of real concern – both birds have been added to the Red List of endangered species with losses of over 50% in the last two decades. The decline is mainly thought to be a parasitic disease called Trichomonosis which is transmitted between birds at communal feeding stations and drinking water.

We can help stop the spread of the disease by some simple steps. First, all feeders must be regularly cleaned, disinfected if possible, and pausing the use of seed mixes during the Summer months, 1st May to the 31st October. Suet and fat cakes are acceptable. One other source of infection is dirty water in bird baths – if you provide water either in a bath or trough they should be cleaned on **Cont:**



DOG WALKING SERVICE

LEK	Dog walker
Lek-nj@outlook.com	07703648204
LOOE	SHUTTA

More Stories

by David Keeble

daily basis. It is hard for me to see less birds in my garden but I am hoping that it will be of some benefit to the greater population.

One other disappointment I had in the garden was that my pond, which is ground water fed, dried up far earlier this year, much to the detriment of the tadpoles who would normally have left by now if the pond had retained some water – here is hoping for a better outcome next year.

On a more cheerful note, my wife and I visited a large country estate near on Cornwood on Dartmoor called Delamore. Not normally open to the public, it hosts an Art Exhibition one month of every year – the estate has been in the same family since 1688 - the current house was built in 1859 by Admiral George Parker. The house and grounds are stunning, enhanced at this time by the huge amount of artwork on display.

The sculptures are of many subjects, most interesting to me were the ones of animals and birds, all made of various materials – metal, wood and stone – the paintings and ceramics also cover a wide range of subjects so there is something for every taste.

Cont:

ADM Services

Robot Lawn Mowers South West
Supply & Install

07919421093

The gift of time!

Call TODAY for your garden survey

info@robotlawnmowerssouthwest.co.uk

www.robotlawnmowerssouthwest.co.uk

More Stories

by David Keeble

All artwork is for sale and prices range from £1.50 to £22,000!! – proving that art and beauty are in the eye of the beholder. While wandering in the fabulous grounds I spotted a bird that I haven't seen for a long time – it was a Ring Ouzel – a bird the same size and colour as a

Blackbird but with a distinct white collar—a pleasant and unexpected surprise on a lovely day on the moor.

At the time of writing the weather has been unseasonably cold but here's hoping for warmer Summer days to come.

David Keeble



A38 Saltash Tunnel Technology Upgrade

Our new tidal flow lane control system is now LIVE.

The system went live on 19th May at the Saltash Tunnel and over the Tamar Bridge.

We are now able to change the direction of traffic via the overhead signals.

Please obey the overhead signals

While this is a key milestone for the scheme, we still have a lot of work to do in and around the tunnel for the next few months.

This includes:

- Continuing the technology upgrades in the tunnel such as:
 - New signage
 - Dynamic lighting upgrades
 - Power installations
 - Fibre optic installations
 - Installing the new electronic variable messaging signs at Carkeel and Manadon

Resurfacing the tunnel from the western approach to the bridge approach, including slip roads

Overnight tunnel closures (Monday – Thursday) will remain until later in the summer. The scheme will be fully complete later this year.

Professional Footcare Services

Happy Feet Foot Health

Tel: 07769605361

MOBILE & HOME VISITS



SHALLAN CARLOSS

FOOT HEALTH PRACTITIONER SC86199 DipRFHP S.A.C

COMPLETE FOOTCARE TREATMENT

- Nail trimming & thick nails
- Corns
- Callous & hard skin
- Cracked heels
- Fungal nails
- Verruca
- Diabetics treated



Happy feet foot health



Happyfeetfoohealth23@gmail.com

Areas covered Rame peninsular, Looe, Pensilva and anywhere in between.

Rob Stead Chimney Sweep

- ▣ Traditional & rotary power sweep
- ▣ Chimney unblocking
- ▣ Stove maintenance
- ▣ CCTV inspections & surveys
- ▣ Insurance company approved certificates issued
- ▣ Fully insured & trained by The National Association of Chimney Sweeps (NACS)

CLEAN, TIDY & EFFICIENT SERVICE

CALL & BOOK YOUR LOCAL SWEEP TODAY!

CALL US NOW

07547 346 318

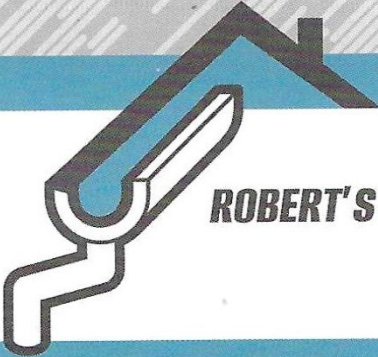
RS.ChimneySweep@gmail.com

Trethevy Quoit - Cornwall Heritage Trust

Trethevy Quoit is a particularly well-preserved example of a portal dolmen. Burial chambers like this are rare nationally, but there are several in Cornwall. Trethevy is one of the most impressive in Britain. It is situated on a promontory overlooking the confluence of streams which flow southwards to become the River Seaton; the northern skyline is dominated by Caradon Hill and granite massif of Minions Moor.



Four large upright overlapping granite slabs form the sides of the chamber with lateral stones at front and back. The back stone is leaning inwards, and the massive capstone which is supported by these uprights rests at an extreme angle. It is not clear whether it was built this way or if it has partially collapsed or slipped. A round hole has been drilled through the top corner of the capstone. A small ante-chamber was placed at the front of the monument but only one of the two original upright stones remains. A rectangular cut-out at the side of the upright stone that forms the front of the main chamber may



Tel 07515431342

ROBERT'S GUTTER CLEANING SERVICE

34 years experience

ROBERT BRAY
robertbray2471@gmail.com
LOOE | SHUTTA

Trethevy Quoit - Cornwall Heritage Trust

have been an original entrance but it could be a later addition. Like other portal dolmens in Cornwall, the quoit is surrounded by a stony mound or cairn which would probably have been more impressive than it is today. It is thought unlikely that the quoit would ever have been completely covered: perhaps the capstone remained just visible above the mound.

This can be found off B3254 Road, Nr Darite, St.Cleer, .

£5

Community Meal

St Martin's
Community
Hall,

Looe, PL13 1FA
Choice of Home-



(Veggie Option Available)

made Soup with a
Roll and a choice of



DJR Handyman Services

Indoors

Hanging Pictures, Blinds, Curtains and Shelves,
Flatpack Furniture Assembly, Minor Plumbing
Work.

Outdoors

Patio Pressure Washing, Grass Cutting, Hedge
Trimming, Garden Clearance, Small Collections
and Deliveries.

Call - Darren Reynolds
07800 579144

Email: djrhandymanservices@gmail.com

All work considered, no job too small. If you cannot
see your job listed please make contact with your
requirements for a free quote.

Cornish Splits

Recipe - www.kernowgoth.org

Here we aim to add personal Cornish recipes to older traditional recipes recorded in Cornwall from historic times.

Cornish Splits

As most Cornish people know it is traditional to use splits with jam and cream rather than scones.

So here is a recipe for
Cornish splits

Ingredients:

- 2 ozs lard
- 1 lb white flour
- 1 teaspoon salt
- 1 oz yeast
- 1 teaspoon castor sugar
- Half pint of milk.



Tredinnick Farm Shop and Cafe

Widegates, Near Looe, PL13 1QL. 01503 240992.



***Fresh Fruit & Veg,
Bread, Meats, Pet Food,
Beer, Wine & Spirits.***

***Plus ALL your
everyday staples.***

Agents for:



dpd



amazon

EVRI



Open 7 days a week

Mon - Sat 8.30am - 6pm. Sun 9am - 5pm

Café Wed - Sun 9am - 3pm

Cornish Splits

Recipe - www.kernowgoth.org

Method::

Warm the milk. Cream the sugar and yeast together and mix with the milk. Sieve together the flour and salt, rub in the lard and add all this to the liquid mixture to form a soft dough. Knead thoroughly, leave in a warm place to rise, knead again and then shape into round buns. Lightly flour a baking tray, leave to prove once more, then bake for about 15 minutes at 200 degrees C (400°F).

Splits can be served hot, cut open and buttered, or cold with jam and clotted cream.



*Recipe reproduced with kind permission from
The Federation of Old Cornwall Societies.*



The Purely Cornish Farm Shop and Deli
*The Cornish Hamper people making
beautiful bespoke hampers in Looe*

Established in 2005,

We have Cornish products from over 30 Suppliers
From Tarquins Gin and Camel Valley to Jo Downs Glass
and St Eval Candles.

Open 7 days a week, 0900 1700hrs

18 Fore Street, East Looe, PL13 1DT

T: 01503 262680

www.purelycornish.co.uk

ally@purelycornish.co.uk

Did you know that Looe has a library?

Not a library member?

It's free to join, no ID needed, borrow up to 12 books for 3 weeks at a time

Not sure what you want to read?

We can help, just give us an idea of what you'd like to read

Don't think you have time to visit the library?

Browse the online catalogue, make a reservation and simply collect from the library

We don't charge fees!

No late fees, No reservation fees!

Can't get out due to illness or mobility issues?

We provide a fortnightly home delivery service



Pop in and see us!

Free parking opposite the library for library users



Looe Library and Community Hub
Millpool, West Looe PL13 2AF

Cornish Hedges

By Paul Matthews

Our roads and lanes are bounded by hedges, not just hedges but Cornish Hedges . We probably go past them all the time without truly appreciating what a feature they are. They are a unique feature of our countryside and although varied they contribute so much to the landscapes and vistas of Cornwall.

Historically some of the hedges can be traced back 4000-6000 years for the earliest enclosures but there have been periods of hedge construction during various historic periods right up to the present day. I know of several sections of hedge built or rather rebuilt by My Father and Grandfather. As with most 'living' things they need maintenance and gradually change and get old and need revitalising. The activities of Rabbits being one of the worst destroyers of hedge structure.

The form of the hedge is not uniform throughout the County by any means and size and shape depends on many factors such as stone type, position, exposure and function - the taller the hedge vegetation the greater wind protection afforded to livestock and crops. So, around the County there are many different hedges but largely built on

STEVE WILLS HAULAGE

We can supply Dumpy Bags /25kg bags of

Decorative Chippings

Sand and aggregates

Cement and Blocks

Tipper & Grab Hire

Delivery or collection available

Fast and efficient service

Tel: 01503 220641

Cornish Hedges

By Paul Matthews

the same theme. It is estimated that there are about 30,000 miles (48,000 km) of hedges in Cornwall today, and their development over the centuries is preserved in their structure. One of the greatest treasures of the hedges we see around us is the diversity of plant life and through that the range fauna that they support.



One cannot help but acknowledge the succession of colour through the Spring and early Summer. It seems that every year the display of Primroses (*Primula vulgaris*) in the hedges increases in range and prominence. It is possible that this increase is down to many factors

HESSENFORD BIG LUNCH



**At 12.30 to 15.00 on Saturday 6th June 2026
Hessenford Church Hall—Everybody welcome.**

**Bring food to share, enjoy meeting other villagers and
more distant neighbours.**

Tea, coffee etc available but bring any other drinks you want.

Contact Angela Crook 01503 240749.

Cornish Hedges

By Paul Matthews

and changing maintenance regime and changing climate may be part of the story. The Primrose tends to flower early before the leaves of trees and shrubs start to emerge to gain the most light. The bold yellowish green growths of Alexanders (*Smyrnum olusatrum*) are another prominent plant early on in the cycle. As the weather warms Bluebells (*Endymion non-scriptus*) become prominent and the white flowers of Greater Stitchwort (*Stellaria holostea*) and Cow Parsley (*Anthriscus sylvestris*). Mixed with these whites are masses of Red Campion (*Silene dioica*) filling the hedgerows with colour by the middle of May. There are, of course many more plant species than mentioned here as components of our hedge flora. It is a great shame that it all comes to an end but the cycles turn, flowers develop into seeds and fruits and hedges cut back before beginning another cycle of growth next year. They are a great asset and National Treasure.

Widegates Garden Club

Meet in the Widegates Village Hall each month except August & December + July when we hold our annual show and fete. We meet on the last Wednesday of the month at 7.30 in the evening. Membership is £5 per annum + £1.50 each per meeting +£1 raffle, £2.50 for visitors.

With talks on all aspects of gardening each month also coffee mornings & our Christmas bazaar. For anyone wanting to enter our show on 24th July entry forms are available to pick up from Tredinnick farm shop at Widegates. Info email karenpengelly@hotmail.co.uk.

Events.

June 13. Bacon Butty Morning, 11am—1pm. Widegates Village Hall.

June 24th. Garden Club Community Garden and Handicraft Show. Held in the Marquee, Metherall Gard, Morval.

July 24th. The Garden Club Show is at Metherall Gard, Morval, followed by Bingo in the Marquee at 7pm.

July 26th Morval Fete, with raffle, refreshments, beer and music. From 1pm at Metherall Gard, Morval. This years chosen charities **EAST CORNWALL SEARCH & RESCUE & LISKEARD BRANCH OF ST JOHNS AMBULANCE.**

Useful Telephone Numbers

Police

Looe Police Station 01503 266193
Or 101 Emergency 999

Coastguard (Emergency 999)

HM Falmouth 01326 310800
Brixham 01803 884002

Home Emergency

Gas 0800 371787
Water 0800 169 1144
Electricity 0800 111999
Floodline 08459 881188

Hospitals

Truro 01872 250000
Liskeard 01579 335600
Derriford 0845 1558155

Doctors

Looe Surgery 01503 266960
Liskeard. Oaktree 01579 335320
Liskeard. Rosedean 01579 343133
Quay Lane, St Germans &
Downery 01503 230088

Councils

Cornwall 0300 1234 100
Looe Town Council 01503 262255

Buses

CityBus 01752 662271

Airports

Exeter 01392 367433
Newquay 01637 860600
Bristol 0870 121 2747
Heathrow 0871 472 5125
Gatwick 0844 335 1802

Railway

Enquiries 08457 484950

Taxis

Looe Taxis 01503 262405
Sarah's Taxis 01503 265688
Liskeard, Anytime 01579 346007

Vets

Looe, Calweton 01503 253773
Liskeard Luxstowe 01579 342120
Liskeard DJ Ellis 01579 342602



R J REYNOLDS PLUMBING & HEATING LTD

Phone 01503 240520

Mobile 07843565852

All types of plumbing and heating,
Oil, Natural gas LPG. lead work Underfloor
heating, landlords certificates/ Gas safety
checks, Boiler servicing.



1 Bucklawren Road, St Martins, Looe,
Cornwall, PL13 1QS

